Aluth Avurudu gifts and Body Wear at Body by Kris

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Body by Kris (BBK) has created some special offers for the *Avurudu* Season in April, including a three-month subscription for only 1,000 rupees if new members sign up during this period. Free fitness assessments are offered to new and existing clients, giving all BBK members the opportunity to find their strength and fitness levels.

Body by Kris has everything you need to get into great shape. BBK now has the longest sessions of one-on-one personal training in Sri Lanka to help you reach your fitness goals faster.

They are also offering 15 percent off most Lanka Hospital health care services and 15 percent off some beauty treatments from Tony and Dee Salon so members will look and feel great.

Body by Kris has also launched ‘Body Wear’, a line of unisex clothing designed for everybody to feel comfortable while exercising. Body Wear is the newest line of high performance, versatile fitness apparel designed to make women and men look good, feel good and energize any workout.

BBK is now also accepting applications for sponsorship and participation of their next 12-Week ‘Your Best Self’ Fitness Challenge which will begin at the end of April.