

# Amagi Aria launches Balinese Ayu Spa

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Experience rejuvenating treatments at Balinese Ayu Spa

Amagi Aria, Negombo launched the Balinese Ayu Spa, its new spa facility that offers a diverse range of treatments and rituals to the guests. Inspired by traditional Balinese techniques, the spa offers a blend of special massages that incorporates aromatherapy, reflexology, and herbal products.

Commenting on the opening, Renuke Coswatte, General Manager, Marketing and Operations said, "We are always looking for ways to add value to guest experiences. We strive to meet guests' expectations by offering the most effective and exclusive experiences; we are happy to introduce the newest addition to the

hotel."

An experienced Balinese therapist provides the various treatments at the spa. Traditional Balinese therapies, stone massages and Swedish massages focus on muscle pain, relaxation and stress relief treatments. Palm pressure and long strokes together with a blend of natural essential oils stimulate blood circulation, flow of energy and reduces tension.

Yet another treatment is the Four Hands Massage, that is provided by two therapists working simultaneously. The massage balances the pressure of the body whilst improving the blood circulation. The combination of shiatsu, traditional massage and also lomilomi massage revitalises the body.

The signature massage created exclusively by Amagi Aria is a relaxing blend of four massages: a thirty-minute deep skin massage, followed by a ten-minute shiatsu therapy, twenty-minute warm stone massage on the back, shoulders, neck and arms and a thirty-minute reflexology.

The rejuvenation treatments offered at the spa include shiatsu, herbal and reflexology therapies. By stimulating the muscles and circulatory system using pressure and other techniques, the treatments influence the natural energies of the body.

Body, hair and beauty treatments, couple packages and also honeymoon packages are offered at the Balinese Spa for a rewarding holiday for the guests at Amagi Aria.