

Cinnamon Grand's Diabetic-Friendly Menu



A few treats from the diabetes menu

Each of Cinnamon Grand's restaurants has its own diabetes menu for lunch and dinner, and simply because the food featured is healthy, it is by no means Spartan. Whether one's preference is Italian, sea food, fusion, fine dining or hearty pub grub, there is an impressive variety of delectable dishes to be sampled. Featuring an appetising array of over 30 dishes, the menu includes poached salmon with horse-radish sauce and steamed orange modha fillet with herbs, not to mention cinnamon apple turnover and black forest trifle.

Compiled with the combined insights of dieticians, doctors and other luminaries, the menu takes into account the nutritional requirements of a diabetic. The Diabetic Menu provides a lower carbohydrate, sodium, and fat alternative to customers with or without diabetes, who are conscious about selecting healthier food choices.