

Free memberships at Body by Kris Fitness Elite

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Providing an opportunity for everyone to explore their strength and fitness levels, Body By Kris Fitness Elite (BBK) has introduced new service packages where free fitness passports are offered when signing up for 2014.

The new services include free fitness packages to both new and existing members.

Eight years in the making, Body by Kris is geared to provide the ultimate experience for everyone. Body by Kris features state-of-the-art resistance and cardiovascular

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training equipment, highly trained professional staff, the most advance fitness programmes and classes, all housed in an 8,000 sq ft space.