Goodies salad bar at Cinnamon Lakeside

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Over 22 varieties of single salad ingredients, six homemade dressings, and a display of portions of meat, poultry and fish are up for grabs at the Goodies salad bar. Guests can pick their own mix of all types of greens, vegetables, meaty accompaniments and dressings of their choice. Cinnamon Lakeside provides an excellent opportunity for their health conscious guests aiming to maintain a thin waistline to enjoy salads at its freshest state.