

# Mount Lavinia Hotel 'Slow Food Chapter' highlights Indian delicacies

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Mount Lavinia Hotel held its 13th Slow Food convivium, highlighting the tastes of India. The Slow Food concept that focuses on the farm to table motto, offers fresh dishes prepared from local ingredients found within the destination. The event was indeed well attended with many corporates now endorsing the fact that Slow Food or the eco-gastronomy concept is the way forward in the culinary world.

Slow Food is about a collected thought of tastes, tradition and consciousness or an endorsement of that strong link between plate and planet," said Anura Dewapura, General Manager of the Mount Lavinia Hotel speaking at the occasion.