

Poson Poya

Posted on

Poson Pōya is the day of establishing the Buddha sānaya in Sri Lanka.



Poson poya marks the significant event of receiving the Buddha Dhamma, the greatest ever gift we got as a nation.

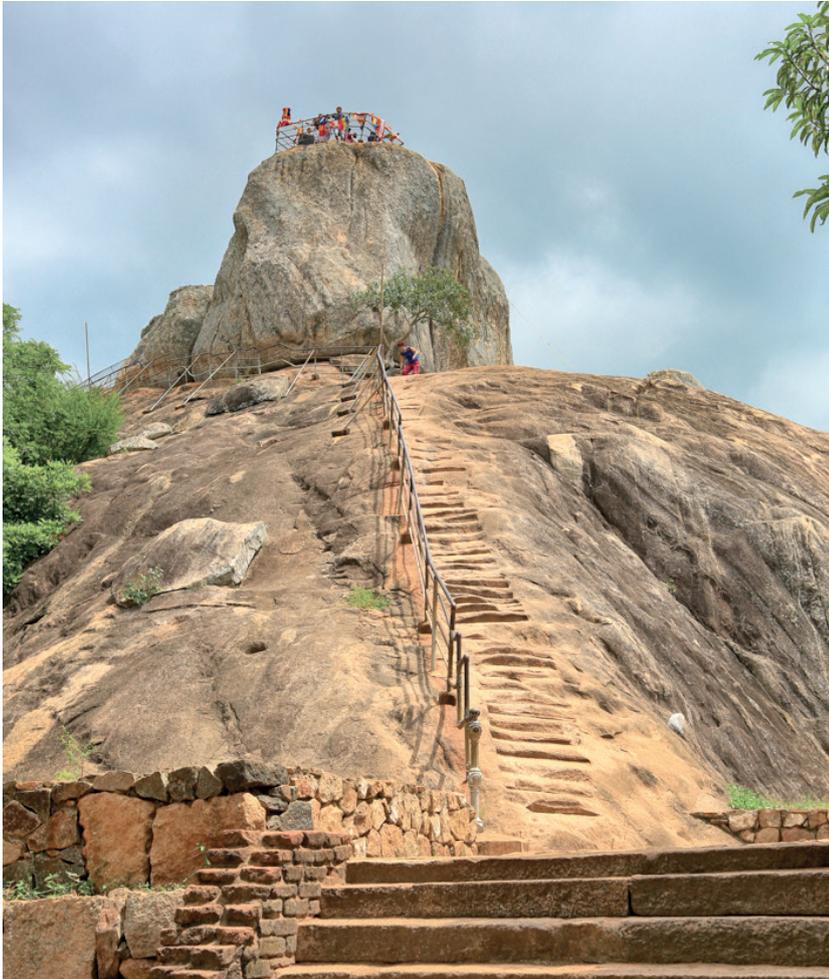
Vesak is celebrated by Buddhists around the whole world but Poson Poṅya is of interest only to Sri Lankans, as Arhat Mahaṅ Mahinda Thero, the only son of the King great Dharmaṅs oṅka or Asoṅka of India who was known as 'Anu Budu' in the folk tale, was sent by the King Asoka as a Dharma duṅta (envoys) to introduce Buddhism to Sri Lanka at the request of his friend, king Deṅvaṅnampiya Tissa. At that time in Sri Lanka, according to Chronicles, the first meeting of Mahinda Mahaṅ Thero and Deṅvaṅnampiya Tissa took place on the Missaka pabbata, now known as Mihintaleṅ, on a Poson Poṅya day (While Lord Buddha arrived in Kelaniya on a Vesak Poṅya day.)

understand that the King had heard about the Buddha and His teachings before the arrival of Arhat Thero in Sri Lanka. To my mind, I see the pattern of most people in this world is the argument about history, religion, or beliefs. But unfortunately, they do not like to do anything for the sake of their knowledge or to produce anything. Just they criticize others and their works. This is the pattern of Sri Lankans. It is said, 'hear it-see it-do it, the goal is there.'

Despite that, what was taught to us by Arhat Mahinda Thero? That teaching is described in the Cuḷahatthipadopama-sutta, the first sermon delivered by the Thero.

This sermon gives a clear idea of The Lord Buddha, The Dhamma, and The Saṅgha, and describes how one becomes a Bhikkhu or Buddhist by understanding the Dharma, but not by forcefully converting. It also describes the simple and holy life of a Bhikkhu and a Buddhist and the sublime qualities he practices and possesses. Except that, the things he abstains from and the various stages of development of his life, and the attainment of arhantship, which is the final fruit of a Buddhist.

We must first understand ourselves, our lives, and about sadness and happiness. Sorrow or dukkha come about, how it is common to everyone in the world, the problem is misunderstanding it. We must see the reality as it is to understand the reality of life. Today, we have to understand the whole society to lead a good life as it is in a chaotic state. On this Poson Pōya day, we can follow the path of The Dhamma, which we were given by the Arhat Mahō Mahinda Thero for the sake of us and others, with the Compassion and Metta. I wish for a calm and prosperous future for all in the world.



Thousands of devotees pay homage to the Mihintale Aradhana Gala on Poson Poya.

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