Sensei Fahim Mohamed Becomes First Sri Lankan to Receive Fourth Dan Black Belt in Kudo Daido Juku

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Fahim Mohamed with Grandmaster of Kudo, Jukucho Kenchi Osada.

Sensei Fahim Mohamed has achieved a remarkable feat by becoming the first Sri Lankan to attain the fourth dan Black Belt in Kudo Daido Juku. He accomplished this feat at the Daido Juku World Headquarters in Japan, which is a significant milestone in his career as a martial artist.

Kudo Daido Juku is a budo martial art that incorporates a range of techniques such as full contact punches, kicks, throws, and submission techniques on the ground. The martial art has evolved over the years to include techniques from muay thai, boxing, Jujutsu, sambo, submission wrestling, and other martial arts, which have been fine-tuned for use within the Kudo style. The art focuses on offensive and defensive techniques, including punches to the head, elbow strikes, headbutts, judo throws, jiu-jitsu joint locks, and other standup and ground fighting techniques.

Fahim Mohamed’s accomplishment is even more impressive as he completed eight competitive rounds within 24 minutes, each lasting for three minutes, without a break. He competed with participants from various countries, including Singapore and Japan, and demonstrated different fighting styles such as standing fights, throws, locks, and chokes, along with ancient Japanese breathing techniques that helped him achieve the Fourth Dan Black Belt.

To prepare for this accomplishment, Fahim trained for eight days at the Japanese Headquarters under the guidance of the Grandmaster of Kudo, Jukucho Kenchi Osada, a pioneer and top-level martial art instructor. Fahim has been practicing Kudo Daido Juku since 1996 and has dedicated himself to mastering the martial art. He and his team of trainers at Sri Lanka Kudo Daido Juku Honbu in Kandy offer training to children aged four and above, as well as males and females in the Western, Central, and Sabaragamuwa regions.

Since 2022, Fahim has been the President of the Kudo Sri Lanka Federation, where he has actively trained, organized, and identified suitable candidates for the Asian, South Asian, and World Championships. He also mentors enthusiastic individuals and nurtures their potential to excel in martial arts.

Additionally, his team organizes seminars with the participation of several international trainers and Kudo coaches, such as Kudo Dojo Kent, who visit Sri Lanka to train and teach new techniques to learners. These seminars help talented

students learn, gain mental and physical conditioning, and gain exposure to motivate them to participate in overseas tournaments and seek victory for the country. These training sessions also focus on self-control, discipline, dedication, and readiness for the challenges ahead, besides building physical strength.

Fahim is also the Fitness Consultant for BT Options (BT Active).







Fahim with Grandmaster of Kudo.



Fahim, Sensei Nakagawa, and his students.