

Serenity introduces natural slimming tea

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Serenity Teas renowned for its unique blends and gift tea range is introducing Serenity Slimming Tea. It contains Pure Ceylon Tea specially blended with 100 natural ayurvedic herbs, which are proven age-old remedies that help stimulate weight loss by burning excess fat in your body.

Available in both pure Ceylon black and green tea, it uses herbs such as Garcenia—known to prevent fat storage and control appetite, Ashwaganda roots—known as Indian Ginsen, which helps to regulate blood sugar, Ginger Cinnamon, Triphala and Senna. Triphala cleanses the body, while Senna smoothens the muscles as digested food moves through the intestines.

Serenity Natural Herbal Tea will get you in shape the natural way without the use of artificial ingredients.