# Spa Ceylon: A Unique Indulgence

Posted on

Timber furniture with intricate wood carvings

**Almost a year ago Spa Ceylon began its luxurious pampering treatments with seven spa rituals for the feet. From this foot spa, the treatments have progressively expanded and developed to a complete full service spa menu of over 30 unique head-to-toe treatments for the body, mind and soul for its growing number of eager spa guests. With an exclusive range of Spa products and treatments on offer, Spa Ceylon has now become a must-do in Colombo for both locals and tourists. While the existing treatments have further advanced and evolved, Spa Ceylon at Park Street Mews now turns a fresh chapter in its success story with a new look with the addition of new private treatment rooms, en-suite showers and much more to its spa experience.**

***Words Prasadini Nanayakkara Photographs Prabhath Chathuranga***

Situated in an inviting laidback atmosphere at Park Street Mews, Spa Ceylon now welcomes more customers to its lap of luxury with its expanded Spa facility and

services. Continually laying emphasis on a truly Sri Lankan experience the main treatments added are from the Royal Kandyan era. Based on historical findings and research carried out by Ayurveda doctors, pampering fit for royalty can now be had at the Spa Ceylon. “Spa Ceylon is a brand that promotes old Ceylonese treatments, bringing in the romance of the past and merging it with ancient Ayurvedic wisdom for an array of luxurious treatments,” says Spa Ceylon Director, Shiwantha Dias. And its range of products and services cater towards luxury and pampering, health and well-being alone rather than medicinal treatments for ailments.

The new range of royal rituals includes massages and relaxing therapies carried out with the new range of products of lemon grass, lavender and lime. The Spa Ceylon Kandyan Body Ritual; a relaxing royalty treatment, offering a Royal Kandyan Massage using a ‘Peace’ formulae and acupressure body therapy with precious mineral crystals, the Royal Body Ritual; a full body treatment and massage technique using herbal treatments and lastly the Royal Foot Ritual, comprise the choice of royalty treatments on offer. Not only are these treatments unique to Sri Lanka they are also unique to Spa Ceylon. Additionally Spa Ceylon has further enhanced its menu of indulgence, introducing more traditional Ayurveda treatments such as Shirodara – a soothing anti-stress therapy where a continuous stream of oil is poured on to the third eye. These treatments can be experienced in the lap of luxury with Spa Ceylon’s trademark Shirodara oils. A range of facial treatments is also among the new additions. The Ayurveda based facial treatments such as the Crystal Facial Ritual involve herbal treatments and crystals applied on the meridians or pressure points of the face. These treatments de-stress the skin for radiant and youthful results.

The new range of full body scrubs and body polishes are ideal for tourists after hours in the tropical sun and sand. Treatments such as After Sun Skin Rescue Ritual offer variants to suit different skin types tended by a variety of essential oils, sugars and salts. Not only are the treatments expanded to take the spa experience to new levels, spa apparatus too have been upgraded, with jade massage sticks, jewels and crystals to enhance massage techniques. What is more the full service spa treatment can be enjoyed in Spa Ceylon’s new signature spa facility, with its distinctive style and ambiance. Walls adorned with timber carvings of the Spa Ceylon Motif, hand crafted wall tiles and other meticulous details convey a Spa Ceylon signature style. Matt black and white hues of the interior representing the earth and air mimic the warm and tranquil atmosphere of nature. Bed linens, and cushions of Batik material further heighten the distinctive Sri Lankan flavour.

Evidently each intricate detail has been tended to from the interior designs to the tea cups, customised by the Spa Ceylon design team. ‘There is a lot of design detail, which has gone into the spaces, from the beds, utensils, lighting, visuals and even music, it is a completely unique experience that cannot be had anywhere else,” says Shalin Balasuriya, Director, Spa Ceylon.

Another popular aspect of Spa Ceylon is the spa product range. Ideal as fashionable gifts the exclusive range can be purchased even as memories of a visit to Sri Lanka or of a lavish pampering experience. “The guests see the Spa Ceylon brand come alive here and they get to buy the products as well, even the ceramic ware to use at home,” adds Shiwantha. The extended spa facility accommodates up to 11 guests at a time, tended by a team of 15 trained Sri Lankan therapists to meet every need of the guests and its doors are open daily from 10:00 am to 11:00pm. With regulars frequenting often Spa Ceylon has paved way for a leisure activity during an evening out.

Be it for tourists, expatriates or locals, Spa Ceylon is now gearing more than ever towards a quintessentially Sri Lankan experience to keep guests coming back for more. “A truly Sri Lankan Spa experience is what we are,” says Shiwantha.

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