Spa Ceylon opens at Casa Colombo

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Spa Ceylon has just opened their third spa at the exclusive Casa Colombo Boutique Hotel.

Conveniently located in Colombo 4, Spa Ceylon Casa Colombo features traditional Sri Lankan motifs, ornate Moorish ceilings, spa suites outfitted with over-sized spa beds, antique spa baths and recliners for that complete spa escape – away from the urban jungle.

The Spa boasts more than 25 carefully designed Spa Ceylon signature treatments, inspired by Sri Lanka's rich Ayurveda heritage and centuries old Royal Ceylonese health and well-being rituals.

An all-Sri Lankan team of 10 fully trained, highly skilled therapists are on hand to pamper guests in a spa ambience that fuses contemporary Sri Lankan design with old Ceylon charm.

"Around three or four years ago we found there was a need for a spa with a unique Sri Lankan identity. Ayurveda here was given a very rustic feel, and people were looking for pamper- ing and luxury, with a hint of the romance of old Ceylon," said Managing Director Shiwantha Dias, at the opening.

Upon entering, guests are welcomed by the aroma of lemongrass, sweet lime and water grass to help begin a sen- sory journey to relax the mind and body. Whether checking in for a foot massage or into a suite for a complete body ritual – soothing music reminis- cent of a peaceful Cey- lonese countryside tinkles in the background. Small details like the Ayurveda herb-filled cushions & pillows, the old-fashioned wooden footbaths laden with pebbles, jasmines, wild lime and garden mint, and the organic herbal tea served in hand-made Spa Ceylon stoneware, are a nice touch.

Dias also stated that with the expected rapid boom in tourism to Sri Lanka, Spa Ceylon is poised to expand their hotel spa operations both nationally and internation- ally and is planning to offer their uniquely Sri Lankan, yet totally luxurious spa ex- perience at

several luxury hotels at key tourist resorts.