The 31st Slow Food Night With Chef Jerome And Laure-Line Gros

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Chef Jerome preparing the salad

The 31st Slow Food night at the Mount Lavinia Hotel featured global cuisine by Chef Jerome and Laure-line Gros from France, which was made with local organic ingredients bought by rural farmers of Sri Lanka. Albert Sonnenfeld, professor – French at Columbia University and editor of a series of books on culinary history, explains that the table is an “altar” that offers “the template for the preservation of human rights and the environment.” Carol Petrini, the entrepreneur who founded Slow Food states, “faced with the excesses of modernisation, we are not trying to change the world anymore, just to save it.” [nggallery id=349]