The Diabetic Menu at the Cinnamon Grand

Cinnamon Grand launched the Diabetic Menu in response to growing concerns about the escalating health threat that diabetes now poses. The menu includes over 30 dishes with a selection of starters, soups and desserts along with main dishes from several Cinnamon Grand restaurants. The range includes everything from Italian, Indian and Fusion fare to fine dining cuisine, pub grub and a seafood selection.

"With special recipes developed keeping a diabetic's condition in mind, we are offering an option for those who choose to eat healthy. In fact, the option for culinary indulgence is still a possibility with the Diabetic Menu," said Rohan Karr, General Manager of Cinnamon Grand.

According to Executive Chef Ranjith Morugama, the Diabetic Menu was compiled with the input of dieticians, doctors and other luminaries. He said this resulted in an indulgence menu that keeps this health condition in mind.

The Diabetic Menu is available at all Cinnamon Grand restaurants for lunch and dinner.