Traditional New Year Rituals At Spa Ceylon

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Spa Ceylon is celebrating the traditional Sinhala and Tamil New Year this April with a range of festive rituals inspired by the royal grandeur of ancient Ceylon.

In addition to a unique traditional new year themed decor with new harvest paddy, fresh reeds and traditional flowers, guests checking into Spa Ceylon for their Royal Kandyan Spa Rituals this season will also be treated to a sumptuous Royal Tea Service. This will include traditional festive sweets, a selection of fresh fruits – organically grown and native to old Ceylon – and a choice of organic ayurveda teas. Guests checking into Spa Ceylon on New Year’s Day will also receive special gifts and traditional New Year treats.

Spa Ceylon’s extended menu offers a wider range of rituals including Royal Kandyan Massage, Hot Sand Therapy, Smoothening Body Polish, Shirodhara Stress Relief and the uniquely pampering and relaxing Crystal Facial Rituals – for both gentlemen and ladies.

Spa Ceylon also adds a new dimension to the traditional New Year rituals at home

with their unique selection of old-fashioned formulae in contemporary Sri Lankan style packaging. All natural Aromaveda Hair Oils for the traditional “Hisa Thel Gaama” (New Year Head Anointing Ritual), fragrant bath and shower gels with local herbs for the traditional “Naanu” (New Year Bathing Ritual) and a host of aromatic body products for festive pampering.

The Spa Ceylon gift collections – the packaging adorned with Royal insignia inspired by the Kandyan courts of old Ceylon – can be traditional gifts to give and receive this Avurudu season.

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