



selected beverages; Daily;

(Reservations +94 76 560

Breeze Bar; 6pm–8pm

4972/+9411 249 7272)

Happy Hour – 50% off

Monday to Friday;

on selected beverages;

Cheers Pub; 5pm-7pm

4972/+9411 249 7272)

Party Package; Daily;

Plates: Lunch 12 noon

3pm, Dinner 7pm–11pm

(Reservations +94 76 560

Birthday diner dines free +

complementary birthday

cake; Daily; Lunch 12 noon

- 3pm, Dinner 7pm-11pm;

Plates (Reservations +94 76

560 4972/+9411 249 7272)

Roast and Jazz (Includes

every adult); Sundays; 12

noon – 3pm; Cheers Pub

(Reservations +94 76 560

4972/+9411 249 7272)

Jazz at Tea Lounge;

+94 76 560 4972/

+9411 249 7272)

Sundays; 7pm–11pm;

Tea Lounge (Reservations

free pint of beer for

4972/+9411 249 7272)

(Reservations +94 76 560

Enjoy Sushi from Mount Lavinia Hotel.

#### **Best Western Elyon** Colombo

Get 20% off on Sea Siren's Seafood Bucket (Reservations +94 117 527 527, +94 768 224 566) Sizzlers (chicken/devilled pork) (Reservations +94 117 527 527, +94 768 224 566) Tuesdays with a Twist! BYOB (Exclusively for corporate employees); Tuesdays, VU Resto-Bar (Reservations +94 117 527 527, +94 768 224 566) Luxurious staycation (day stay/overnight stay) (Reservations +94 117 527 527, +94 768 224 566) Rooftop DJ Party with DJ Rapa; Fridays; 7pm onwards **Cinnamon Grand** Colombo

Fourth person dines free; Monday to Wednesday; lunch 12 noon - 3pm, dinner 7pm–11pm; Plates (Reservations +94 76 560 4972/+9411 249 7272) Happy Hour – 50% off on Sunday Brunch; Sunday; Plates; 12 noon – 3pm (Reservations +94 76 560 4972/+9411 249 7272) Executive Lunch; Monday to Friday; Noodles; 12 noon – 3pm (Reservations +94 76 560 4972/+9411 249 7272) Unlimited Seafood Buffet; Sunday; Lagoon; 12 noon -3pm (Reservations +94 76 560 4972/+9411 249 7272) Unlimited Hoppers; Monday to Friday; Nuga Gama; 7pm-10pm (Reservations +94 76 560 4972/+9411 249 7272) Bottomless liquid dinner Daily; 7pm-10pm; Plates (Reservations +94 76 560 4972/+9411 249 7272) Pork and Pol Rotti Nights; Daily; Nuga Gama; 7pm–10pm (Reservations +94 76 560 4972/+9411 249 7272) October 11 High Tea with Atilla; Tea Lounge; 3pm October 12 Ladies Night; Cheers Pub; 7pm October 26

Night with Atilla; Sequel; 7pm **Cinnamon Lakeside** 

Colombo German theme night buffet; Thursday; Dining Room; 7pm – 11pm



on Grand Colombo



High Tea buffet from Sofia Colombo City Hotel.







The Lounge; 3.30pm-5pm October 9 International Beer and Pizza Day; Pool Bar; 10am onwards (Reservations +9411 249 1000 / +94 71 249 1491) October 25 - 31 Halloween Goodies: Goodies; 7pm-10pm (Reservations +9411 249 1000/+94 71 249 1491) October 29 – 31 Halloween Night; Colombar; 7pm – midnight (Reservations +9411 249 1000/+94 71 249 1491) **Cinnamon Red Colombo** Fourth person dines free dinner buffet; daily; Flavoured; 7pm-10.30pm (Reservations +9411 214 5145/+94712145145) Fourth person dines free High Tea buffet; weekends; Flavoured; 3.30pm-5.30pm (Reservations +9411 214 5145/+94 71 214 5145) High tea platter; Monday to Fridays; Flavoured; 3pm–5pm (Reservations +9411 214 5145/+94 71 214 5145)

(Reservations +9411 249

1000/+94712491491)

Children's day high tea;

October 5 and 6

(Reservations +9411 214

5145/+94 71 214 5145)

Business lunch; Daily;

Flavoured; 12 noon – 3pm

(Reservations +9411 214

5145/+94 71 214 5145)

High Tea buffet; Monday

3pm–5pm (Reservations +9411 214 5145/+94 71

to Friday; Flavoured;

214 5145)

October 30

October 31

435)

Café

5pm – 7pm

October 1 – 31

Melts promotion;

+94 112 694 435)

BBQ theme night;

Flavoured; 7pm–10pm

(Reservations +9411 214

Halloween Night; Cloud

**Commons Coffee House** 

**Commons Burgers special** 

promotion; 10am-11pm

(Reservation +94 112 694

10am–11pm (Reservation

**Harpos Colombo Fort** 

Sri Lankan Specials -

special beer and pizza

deal; Monday to Friday;

Saturday and Sunday – 2

large pizza plus a Sangria –

Red; 5pm-midnight

5145/+94 71 214 5145)

Arena

#### 25% discount (Reservation Happy Hour (50% on +94 112 434 946) Harpo's Pizza and Pasta selected beverages); Daily; Buy Two large pizzas; Cloud Red; 5pm– 7pm

Saraswathi. Throughout the nine days, temples and homes decorate with golu, conduct poojas, chant mantras, and engage in religious acts

October 30 Feast of St Jude's Shrine, Indigolla In the quiet hamlet of the month draws several hundreds of devotees to attend the annual feast at St Jude's Shrine that

# **Art and Music**

#### Art



Monday to Friday (classic and signature range only) **Hilton Colombo** October 24 – November 2 Oktoberfest; Sports Center Sundav – Thursdav (Rs.6,888 nett per person) 3223 Friday and Saturday (Rs.7,388 nett per person) VIP tickets (Rs.8,988 nett per person) (Reservations: +94 11 2492 492) 3223) **Hilton Colombo** Residencies October 7 – 20 Thai Food Fest; Flow; 7pm-10.30pm (Reservations call or WhatsApp +94 115 344 644/+94771067676) October 31 Tricked with Treats -Halloween Dinner Buffet: Daily Flow: 7pm-10.30pm **Hotel MaRadha** World of Flavors -Unlimited Breakfast buffet: Savor an array of dishes, from freshly baked pastries to local specialties, and enjoy live Daily cooking stations for a personalized touch; Daily; Royal Code; 7am–10am (Reservations: +94 70 654

High Tea (indulge in a delectable high tea buffet featuring

# Festivals

3223)

October 3 – 12 Navarathri Nine days festival dedicated to Goddess Durga, Lakshmi and



an exquisite array of flavors, surrounded by elegant décor and the magic of live-action station); Fridays; Royal Code; 3.30pm-6pm (Reservations: +94 70 654 Happy Hour Bliss; Wednesday and Saturday; Sky Yard; 5pm-8pm (Reservations: +94 70 654 Lords Restaurant Complex, Negombo Gather your team mates and come grab your front row seats for a knockout dining experience. Sri Lankan Cultural Show; Daily; 7pm–9pm

Restaurant Rooftop Bar October 15 Pool Party Live music entertainment; October 31

Lunch; 12 noon onwards Delicious food, free fish spa, cocktails, sports match screenings Chef cricket specials pizza, sizzlers, burger stackers, cricket platters;

**Mount Lavinia Hotel** A diverse, global spread entirely organic and bursting with flavor

(includes access to pool and beach); daily; Governor's Restaurant; 12 noon to 3pm

buffet; 12 noon to 3pm (Reservation: +94 77 311 2399) Radisson Colombo October 11 Bartenders Challenge ON14 Rooftop Bar October 19 Gin & Jazz Night; ON14 Rooftop Bar October 26 Gentlemen's Night; ON14 Rooftop Bar October 31 Diwali dinner; Dine Halloween Night; ON14 Radisson Blu Galle Diwali Night; Fusion Restaurant **Radisson Kandy** October 31 Halloween Night; Bommu Rooftop Bar Halloween Dinner; Dine Restaurant Shoulders by Harpos Lunch and dinner 112 695 920) (Reservations +94 762 Happy hour; Daily; 5pm

Poya Vegan Lunch

Sofia Colombo City

Hotel Executive lunch buffet: Weekdays; Seascape restaurant; 12.30pm onwards (Reservations +94 112 225 225, +94 764 108 901, +94 762 788 572) Brunch buffet; Saturday; 11am onwards (Reservations +94 112 225 225, +94 764 108 901, +94 762 788 572) High Tea Buffet; Saturday; Seascape restaurant; 3pm onwards International lunch buffet; Sunday; 12.30pm Overnight stay; starting from USD 85 (room only basis) Daycation (welcome drink, room, pool access, lunch and gym access) (reservations +94 112 225 225) The Bayleaf Authentic Italian Specials and Harpo's Pizza; Monday to Thursday, 11am-11pm, Friday to Sunday, 11ammidnight (Reservations +94

- 7pm October 1 – 31 Lamb, Seafood, Steaks, Ravioli Promotion special menu

**Feast of Infant Jesus Shrine and Holy Rosary Church** Beginning with the hoisting of the flag on the 3rd, the feast takes place on the 13th. The beautiful church is located in Slave Island at the convergence of six roads.

October 3 – 13

911 144)

Cocktail bar with

Entertainment;

7pm onwards

signature cocktails

Wednesday to Sunday



October 31 Deepavali The festival of lights is a time for celebration by lighting beautiful lamps, decorating the floors with kolam and preparing sweets and even lighting fireworks at night.



October 26 and 27 A Million Dream



The Hardy Centre of Art will showcase its 21st exhibition, "A Million Dreams,"







Arugambay is a vibrant southeast coastal town. Listed as the number 8 Best Place to Visit in Asia by Lonely Planet in 2018, and as the number one destination in the island, there is plenty to do all year round in Arugambay!

#### 1 Wildlife Adventure

Situated around Arugambay, Kumana National Park, Lahugala National Park, Urani Lagoon, Kanchikudichcharu and Rottaikulam are home to a range of wildlife

### 2 | Explore Historical Sites

Legends surround the numerous historical and spiritual sites in the area: Magul Maha Viharava, Muhudu Maha Viharava, Kudumbigala Monastery and Okanda Kovil

# **3** Discover Village Life

Visit Urani to discover the leisurely way of life Watch the farmers work under the blue sky at the paddy fields or herds of cattle and goats grazing.

#### 4 Neon Lights and Great Music

As the sun sets, the Main Road of Arugambay transforms from a quiet road to a happening street. Twinkling lights and bright music heighten the jovial atmosphere, and the night becomes a time to let go and have fun

#### 5 Rejuvenate with Yoga

Enjoy an early morning yoga session before the beginning of an action-packed day ahead. Yoga enthusiasts are drawn to the unhurried pace and serenity of Arugambay

# 6 Great Food

Arugambay offers a gastronomical adventure to diners; enjoy Sri Lankan dishes, BBQ or a fusion of western and eastern cuisine

#### 7 Day Excursions

Visit nearby attractions such as Passikudah. Ella or Kataragama. The Buttala-Sella Kataragama Road is an adventure of its own as the gentle giants roam close to the road

# 8 | Tuk Tuk Safari

Hop on a Tuk Tuk and explore Arugambay, Pottuvil, Urani and Panama. Discover dining hotspots, charming landscapes and abundant wildlife.

#### 9 Surf the Waves

Arugambay is a surfer's paradise. Whisky Point, Pottuvil Point, Arugambay Point, Crocodile Rock, Elephant Rock, Okanda Point, Light House/Green Beach, Panagala Point and Panama Point are best to visit from April to October

## **10** Sun. Sand and Sea

The beaches are the best place to welcome the morning sun or to enjoy a romantic stroll at sunset. From sunbathing to a round of beach volleyball, options are limitless

T H Pushpa Kumara's solo exhibition is based amid a landscape of broken expectations and shattered cultural symbols, a solitary human figure emerges in the artworks. Its posture embodying the weight of lost beliefs and disappearing ideals. Paradise Road Galleries.

#### Music

#### October 20 **SOSL Pop**



SOSL POPS SAVE THE DATE

Symphony Orchestra presents a trilingual extravaganza featuring Chitral Somapala, Soul Sounds and conducted by Nishantha Warnakulasuriya. Venue: Bishops College Auditorium. Time: 7pm. Tickets: Rs.7,500, Rs.6,500, Rs.4,500, Rs.3,500, Rs.3,000, Rs.2,500, Rs.2,000

with Udayshanth and Angelika Fernando Foundation, is pleased to present a group exhibition featuring the 2024 A4A (Artists for Artists) Production Fund grantees—Dumiduni Illangasinghe, Mayun Kaluthantri and Malinda Javasinghe. Saskia Fernando Gallery.

Saskia Fernando Gallery in Associa

tion with Udayshanth and Angelika Fernando Foundation present the A4A

Till October 3

exhibitio

This event will feature works by artists ranging in age from 5 to over 80, celebrating their diverse interpretations of the theme inspired by "The Greatest Showman. Lionel Wendt Art Gallery.

October 25 **Oktoberfest with Gypsies Live in** Harmony



Jayasri and Corrine Almeida together with the band Gypsies present an evening of fantastic music Venue: Marquee Indoor, Taj Samudra Colombo, Time: 8pm onwards, Tickets, Rs.5,000 (tickets only)

#### October 27 Old is Gold – Blissful evening of **Enalish oldies**



Chandimal Fernando presents over 30 English evergreen songs. Venue: Bishops College Auditorium. Time: 7.30pm. Tickets: Rs.7,500, Rs.5,000 Rs.3,000, Rs.2,000

# GUIDE TO Colombo

**Art Way Gallery** Kotte; +94 112 775 316; Opening hours: 8am–6pm Monday to Friday, 8am-1pm Saturday and Sunday. artwaygallery.org

#### **Barefoot Gallery**

Colombo 3; +94 11 258 9305; Opening hours: 10am–6pm Monday to Saturday. barefootceylon. com/collections/barefootaallerv

#### **Casa Serena Art Gallery** Colombo 8: +94 76 900

7874. Opening hours: 9am to 5pm Monday to Friday and Weekends by appointments. nisansala.com/casa-

#### **Lionel Wendt** Colombo 7; +94 112 695 794; lionelwendt.org

Art Gallery at Lords **Restaurant Complex**, Negombo The gallery features TVS Menaka's abstract art. designs and sculptures. 12 noon to 11pm

**Paradise Road Gallery** Colombo 3; +94 112 582 162/+94 112 556 563 paradiseroad.lk

#### **Sapumal Foundation** Colombo 7; +94 112 695 731: foundation sapumal34@gmail.com

Saskia Fernando Gallery Colombo 7; +94 117 429 010; saskiafernandogallery.com

#### Beaches Galle Face

A widely soughtafter destination for individuals of all ages, including children, vendors, teenagers, and pleasure-seekers, is the seaside, where they can engage in their preferred leisure activities under the open sky

#### **Mount Lavinia**

The beach boasts a long and wide expanse of golden sand, dotted with swaying coconut palms along the shoreline. On weekends, the beach attracts families and friends who come to enjoy the scenic views of the waves and indulge in sea-bathing and strolls along the beach Uswetakeiyawa A coastal town close to Wattala and just a short drive away from Colombo. The view from here is completely unique, a mix of unending seascapes and urban landscapes

#### **Botanical Garden** Seethawaka Wet Zone

**Botanical Gardens** The 50-kilometer drive from Colombo towards

#### important watchtower in Sri Lanka located at Galbokkka Point, south of the Port of Colombo.

Independence Square A symbol of victory, commemorating the nation's independence

from colonialism in 1948. Adjacent to the square is the Arcade Independence Square, a beautifully restored colonial building that houses an array of shops and restaurants Colombo Racecourse, once a hub for horse racing enthusiasts, has now transformed

# relaxation. **Colombo National**

into a tranguil oasis for

Museum The Museum holds the key to Sri Lanka's rich history, offering a detailed display of artifacts that highlight the lifestyles, beliefs, and ideologies of its people. Colombo 7; +94 112 695 366. Opening Hours 9am–7pm Daily.

#### Independence Memorial Museum

The Museum was established with the objective honoring national heroes who were instrumental in gaining independence from the British Rule Colombo 7; +94 112 691 825. Opening Hours: 9am–4.30pm Tuesday to Sunday

#### Museum of Modern and

**Contemporary Art** A public museum dedicated to the display, research, collection and conservation of modern and contemporary art for the benefit and enjoyment of the general public, schools and tourists. Ground floor, Crescat Boulevard mmca-srilanka.org

#### **Meditation Center** Manodaya **Meditation Center**

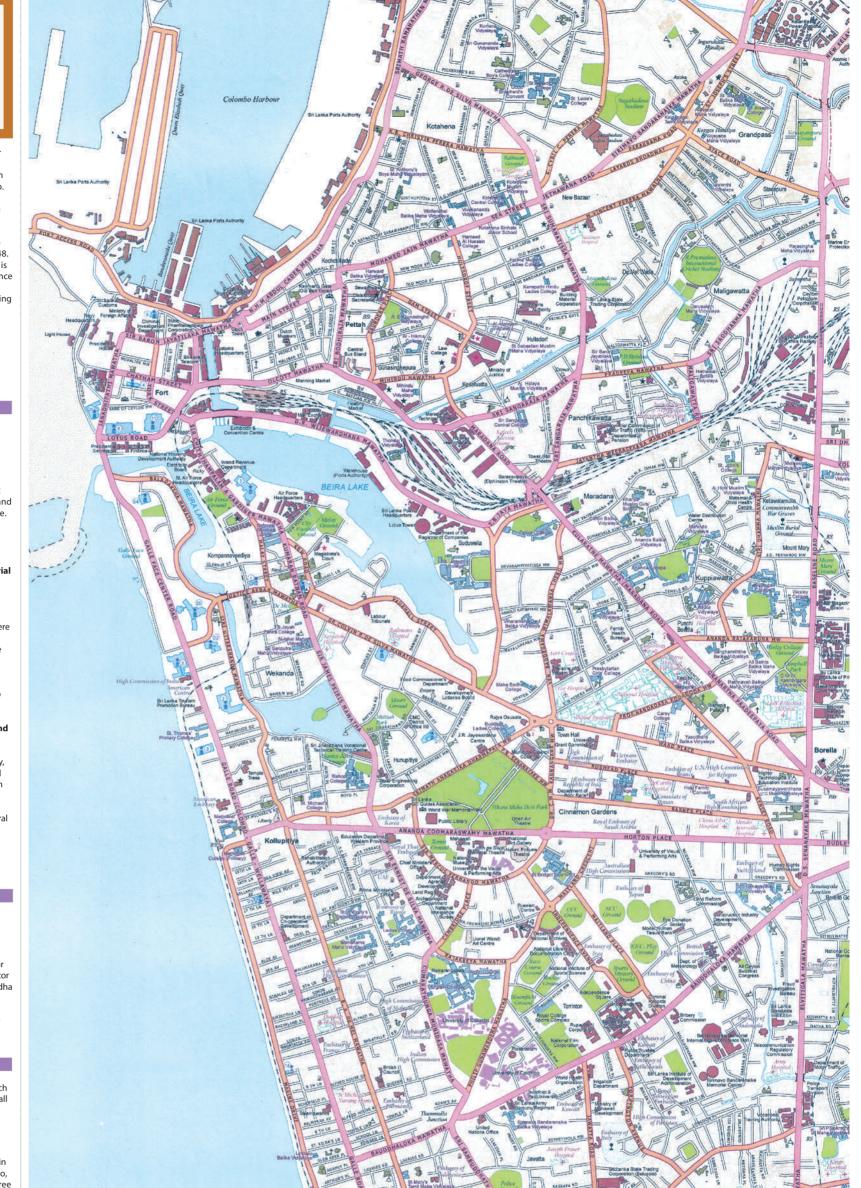
Siriwardhanaramaya By Ven Diyapattugama Revatha Thero (Expert Psychological Counselor and Meditation Instructor Siriwardhanarama Buddha Dhamma College). Temple Lane, Kollupitiya sirirevathad@gmail.com dhammavedi.com +94 112 081 418

### gious sites

**All Saints Church** A Roman Catholic church in Borella dedicated to all saints Borella. +94 112 693 051



The temple is situated in the suburbs of Colomb



Seethawaka Botanical Gardens. The 105 acres boasts tea plantation, plant collection, and floriculture area. Opening hours: 7.30am-5pm.

#### Casinos and Nightlife

**Bally's Casino** 34, D R Wijewardana Mawatha, Colombo 10; +94 77 146 0460/+94 11 246 0460; info@ ballyscolombo.com

#### **Bellagio Casino**

430, R A De Mel Mawatha, Colombo 3; +94 77 088 6688/+94 75 588 6688; marketing@ bellagiocolombo.com

#### **Casino Marina**

30. Marine Drive. Colombo 3; +94 11 421 9988, casinomarina.com, marina888.com

#### Historical Sites

**Colombo Lighthouse** A prominent landmark the lighthouse is an

in Bellanwila, nearly three kilometres from the city. Bellanwila, +94 112 738 361; Opening Hours: 6am–9pm.

#### Captain's Garden

mosques in Sri Lanka.

Colombo 12. +94 112 432 110; Opening

Hours: 8am-6pm.

Built during the latter part of the 1700s, the Kovils at Dewatagaha Mosque Captain's Garden, Maradana Built in 1820 is the resting are believed to be the place of His Holiness oldest in Colombo. There are two kovils located here Seyedina As-Sheikh Seyed Usman Siddique Sri Bala Selva Vinayaga Ibn Abdurrahman. Moorthy Devasthanam and Sri Kailasanathar Colombo 7. +94 112 683 906. Opening Swamy Devasthanam. Hours: 6am-10pm. Colombo 10.

Sri Kailasanathar Swamy **Gangaramaya** Temple Temple: +94 112 687 110. A place of immense cultural Openina hours: 6am-11am and historical significance and 4.30pm-8pm. Sri Bala Selva Vinayaga that has been attracting visitors from all over the Temple: +94 112 687 535. world for over a century. Opening hours: 5am-10.30am and The beautifully illuminated Seemamalakaya, adds to 4.30pm-8pm the cultural pageant and is a sight to behold during Colombo Grand Mosque One of the oldest Navam Maha Perahera and

Vesak Colombo 2; +94 112 435 169. Opening hours: 5.30am-10pm.

Holy Rosary Church, The Golden Shrine of Infant Jesus Church Popularly known as the 'Infant Jesus Church', this quaint and beautiful church is located in Slave Island at the convergence of six roads. Colombo 2. +94 112 320 158; Opening Hours:

6am-8.30pm.

#### Jumma Masjid

Having started in 1792 as a small prayer room for Muslims in the area, the Kollupitiva Jumma Masiid has grown significantly to be a landmark place of worship. St Michael's Road, Colpetty/Polwatte. +94 112 345 900.

Kotte Raja Maha Vihara The history of the temple goes back to the Kingdom of Kotte. It was constructed during the reign of King Parakumbha VI (1415-1467) and was completed in all aspects with the royal patronage Kotte; +94 112 852 759. Opening Hours: 6am–9pm

#### **Red Mosque**

Jamiul Alfar Masjid, also known as the Red Mosque, is an architectural masterpiece located in the heart of Pettah, Colombo's bustling commercial district. It has unique Indo-Saracenic style with pomegranate-shaped domes. Colombo 11; +94 112

451 975. Opening hours: 10am–12noon, 1pm–3pm, 4.15pm-6pm.

#### Sambodhi Chaithya

Of all the sacred architecture in Colombo -Buddhist, Hindu, Muslim or Christian - the oldest, though brimming with tradition, cannot compare with the boldness of the skyward design of the stupa of the Sambodhi Chaitya. Colombo 1; +94 112 482 673. Opening Hours: 8ат–6рт.

Shakthi Amman Kovil Built in 1947 the kovil is dedicated to Shakthi Amman – Goddess Durga. St Michael's Road, Colpetty/ Polwatte. +94 112 394 481.

Opening hours: 8am-1pm, 6pm-8pm

#### Sri Ponnambala

Vaneswarar Temple A majestic religious site made entirely of stone blocks and columns, located near the Colombo Sea Port in Sri Lanka. Its solid and sculpted stateliness follows the Dravidian temple architecture, and the interior is equally impressive. Colombo 13; +94 112 431 252. Opening hours: 7am–11.30pm and 3.30pm–7pm Daily.

#### Srī Dharmakīrti Temple

This modest Temple was established around 1906 by Ven Induruwe Sri Wimalatissa. St Michael's Road, Colpetty/ Polwatte. +94 112 451 224

#### St Anthony's Church, Kochikade

The church has a remarkable history, having been transformed from a crucifix to a national shrine, with the stunning Colombo Harbor and sea as its backdrop. Kochchikade; +94 112 329 303. Opening hours: 5am-8pm Daily.

#### St Lucia's Cathedral, Kotahena

The magnificence of this Cathedral is a solemn declaration of the status of the Catholic Church,

reflecting the supremacy that it retained throughout history.

#### St Mary's Church, Tudella

One of the oldest, most majestic, and peaceful churches in the country. Ja-ela. +94 112 223 6257.

St Michael and All **Angels Church** Also known as the Gal Palliya in Sinhala, St Michael's Church Polwatte is an iconic place of worship. The magnificent stone structure has a great spiritual presence. St Michael's Road, Colpetty/ Polwatte. +94 112 343 471.

Walukarama Temple Walukaramaya is olde than many of today's more famous Colombo temples. It is among the first three Buddhist temples established in Colombo Colombo 3. +94 112 575 004 Opening Hours: 8am-6pm

#### Strolling around Recreational Parks, logging and Cycling Track

#### Diyawanna Oya

The place is always bustling with visitors trying to catch a glimpse of the iconic Parliament building in its full majestic view. The salubrious breeze blowing across the waters of Divawanna Oya is an absolute delight for an exhausted jogger. A boat ride along the waters of Diyawanna Oya allows to experience the wetland wildlife.

#### Independence Square Walking Tracks

The Walking Tracks meander around the Independence Arcade one of the important cultural monuments of Colombo. As well as for exercising, the Independence Arcade also makes a lovely picnic spot with numerous shops and restaurants located there

#### Viharamahadevi Park

A serene and picturesque location that was originally opened in honor of Queen Victoria of England. It is the perfect destination for families and children, providing a joyful atmosphere for holiday activities. The park is located in close prximity to the Town Hall, a wellknown landmark, and in the evening, the park transforms into a magical place where visitors can enjoy the glowing edifice and lush gardens

#### Watersports

**Bolgoda Lake** Located just a short distance away from the hustle and bustle of Colombo, Bolgoda lake is indeed a magical water hideaway for those who enjoy the serene life around a lake. Take a boat ride and explore the picturesque lake

#### Wetland Park Beddagana Wetland

Park Throughout the Beddagana park criss-crosses a wooden platform, a few inches raised above the marsh. It's a magical route to experience the wetland A birdwatching tower is nestled inside that offers a vast panorama. Kotte

#### Thalangama Tank A man-made wetland

of 50 acres and a so-Textiles called basin for storing Shop from the latest trends of quality clothing water, Thalangama Tank originated during the time for men, women and kids. They also have home of King Parakramabahu VI (1551-1547 AD) of the appliances, footwear, Kotte Kingdom. perfumes, cosmetics, bags, toys and many more.

+94 112 68 5828 specializes in a range of Asian traditiona Airport Garden Hotel, massages, including Negombo Road, Katunayake; +94 11 225 Balinese, Vietnamese and Tibetan warm stone 2950 Ext. 720 massages, along with Tea Castle; Patana, foot massages and various body treatments +94 51 224 4012 Tailored wellness Tea Centre; 84, Welimada solutions are available Road, Bandarawela for both individuals and +94 57 223 1663 organizations.

Tea Centre;

Talawakelle

Evewear

Vision Care

One of the largest eye

care solutions providers.

They offer a wide range of

internationally acclaimed

sunglasses, contact lens,

other optical/ophthalmic

products and hearing aids

at prices to suit budget

Ward Place, 505 Colombo

10, One Galle Face,

Colombo City Center

Crescat, Racecourse,

+94 11 75 75 100;

visioncare.lk

Fashion

Nolimit

Ratnapura, Kandy KCC.

Provides an immersive

shopping experience to

its customers by offering

a vast and exciting range

of clothing options for all

genders and age groups.

Galle Face Mall, Colombo 3;

L-5 (35-42), One Galle Face

C137/1/15, Colombo City

Kids – L-4, (20-21), One

+94 112 334 345

Mall, Colombo 3;

+94 112 334 345

Centre, Colombo 2;

24, Hyde Park Corner,

179, Galle Road, Mount

l avinia: +94 112 733 865

213, Hill Street, Dehiwela;

Dehiwela: +94 77 354 0816

+94 112 083 212;

+94 112 382 676

+94 112 734 072

10, Kawdana Road

40, D S Senanayake

Mawatha, Borella;

Gents' clothing – 1, Hill

Ladies' and children's

clothing; 17, Hill Street;

108 A, High Level Road,

Dehiwala; +94 112 726 299

+94 112 672 689

Street, Dehiwala;

+94 112 732 492

Maharagama

9955

0260

587 812

+94 112 745 191

196, Galle Road,

+94 38 224 1677

112812021

Ratmalana

Ratnapura;

143, Galle Road,

+94 112 731 090

+94 45 222 2987

331, Negombo Road

Thilakawardhana

152, High Level Road,

Nugegoda; +94 112 82

Wellawatte; +94 112 36

NOLIMIT Image, 50, Galle

Road, Wellawatte; +94 112

266, Galle Road, Panadura

267, High Level Road, 7th

Mile Post, Nugegoda; +94

36, Senanavake Mawatha,

Wattala; +94 112 948 123

Colombo 2;

and lifestyle

brands of spectacles,

Mount Lavinia Hotel in Colombo, Turyaa Hotel in Kalutara, Suriya Hotel in Waikkala, Water Garden in Sigiriya, Blue Water Hotel & Spa in Wadduwa, Amaranthe Bay and Resort & Spa in Trincomalee, Gold Sands Hotel in Negombo, Camelot Beach Hotel in Negombo, Glenross Living in Mathuaama, Bellwood Manor in Nuwara Eliya. +94 76 629 9007 +94 77 728 5398. info@lellilyspa.com lelilyspa.com

# Apple/Service and BT Store

A stylish Mac environment with a range of Apple products. It offers upbeat music and a display of handpicked books. BT Store provides various Apple products and tech nologies, including iMac, MacBook Air, MacBook Pro, iPhones, and iPads. In addition, the BT Store offers Mac accessories and Mac software designed and marketed by Apple Inc. They also provide after-sales services and repair. 20-2/1 R A De Mel Mawatha, Colombo 4; +94 715 136 136/ +94 112 597 991; info@ btoptions.com

#### Dialog Dialog provides sophisticated mobile

telephony and highspeed mobile broadband services to a subscriber base comprising over 17 million individuals in Sri Lanka. 475, Union Place, Colombo 2. +94 77 7678700

#### dialog.lk SLT-Mobitel

Sri Lanka Telecom (SLT) serves as the foremost provider of national Information and Communications Technology (ICT) solutions, as well as the primary supplier of broadband and backbone infrastructure services in Sri Lanka. Lotus Road, Colombo 1, +94 112 021 000/ 1212

Mobitel, a fully-owned subsidiary of SLT, is a leading provider of innovative mobile technology solutions in the local market. The company offers a wide range of ICT services, including mobile telephony services, high-speed broadband, enterprise solutions, IDD services, mobile money (mCash), and a variety of value-added services. 148/15, Lesley Ranagala Mawatha, Baseline Road, Colombo 8. 24 Hour Customer Service Hotline +94 (0) 712755777

or dial 1717 from any network in Sri Lanka

**Mattala Airport** Mahinda Rajapaksa International Airport Hambantota +94 472 031 116 airport.lk/mria/index Colombo International Airport, Ratmalana Ratmalana +94 112 623 030

### airport.lk/jaf/index **East Coast**

Palaly, +94 112 263 380

**Jaffna International** 

Airport

Arugambay Arugambay, a charming southeast coastal town, is a year-round beach paradise that promises unique experiences for every traveler. It was ranked as the number 8 Best Place to Visit in Asia by Lonely Planet in 2018 and is considered the number one destination in the island. Visitors can witness herds of elephants, leopards, deer, and birdlife at the National Parks, Sanctuaries, and lagoons, providing an opportunity to explore its untouched wilderness. Arugambay is also known for its rich culture, lifestyle, history, and wildlife. Catching sight of elephants strolling along the roadside is a common sight, particularly at dawn and during the evening. The Main Road of Arugambay transforms from a quiet road to a bustling street as the sun sets. Arugambay also offers a gastronomical adventure to diners, featuring. Sri Lankan dishes, BBQ, or a fusion of western and eastern cuisine. For an unforgettable adventure, take the Buttala-Sella Kataragama Road, where the gentle giants roam close to the road. Or hop on a Tuk Tuk and explore Arugambay, Pottuvil, Urani, and Panama. Arugambay is a little paradise that has retained its inherent simplistic charm and beauty Kalkudah The beach is ideal for surfing and wind surfing

# during the month of

September. Kuchchaveli A sandy stretch with calm and peaceful surroundings, perfect for a walk along the beach

#### Nilaveli

At the end of the 10km stretch of beach beginning at Uppuveli this is the closest beach to Pigeon Island and is one of the most-popula tourist attractions

#### Passekudah

Turquoise waters shimmer and fringe the pale sands curving Passekudah bay. Located on the north eastern part of the island, approximately 35 kilometres from Batticaloa, Passekudah offers a serene getaway.

# Uppuveli

Located 5km from Trincomalee, a beach stretch with golden sand the rolling waves reach up to six feet making this point an ideal destination for professional surfers.

#### Crocodile Rock/Elephant Point

The rock gains its name with a characteristic shape resembling a crocodile. The surf point can be accessed by passing through the bushes. Climb the rock to enjoy stunning views of the sunset.

Lighthouse Point Located along the Komari beach, the Lighthouse Point is a scenic surfing destination with beautiful waves against the backdrop of the blue sky.

Okanda Point Reached through an off-the-beaten-track path by the Kumana National Park and Kudumbigala Sanctuary, Okanda Point is for the daring surfers.

Panama Point Travel through the charming village of Panama to this rightbreak surf point where you can witness colorful fishing boats.

Peanut Farm Shaded by shrubbery and palu trees and located near a lake, Peanut Farm is a playful surf point, ideal for beginners and intermediates.

**Pottuvil Point** Known for its big swells, Pottuvil Point is for the professionals. The waves depend on the season and weather.

Whisky Point One of the most scenic surfing points in Sri Lanka Surfers gather here even before dawn breaks to ride the whisking waves and enjoy the stunning atmosphere. The rock outcrop is a favorite spot for watching the sunrise and to feel the cool breeze of the East coast.

#### Where to stay

Paper Moon Kudils Enjoy barefoot luxury at the oceanfront Paper Moon Kudils. With 20 spacious and fully AC Kudils located in two sections (pool/restaurant side and garden side). This unique property has a swimming pool (Water Hole) and restaurant (Kusini) serving delicious cuisine. Whisky Point, Arugambay

+94 719 97 97 97; papermoonkudils.lk

**Arugambay Roccos** A chic and modern cube style hotel. The 22 Cubes (upper and lower) provide air-conditioning and offer either balconies or verandahs. The restaurant. The Square and The Space upstairs, offer panaromic views of the Water Cube (swimming pool) and the Indian Ocean. Main Street, Arugambay, Pottuvil; +94 718 10 99 99;

arugambayroccos.lk **Arugambay PodBay** A novel concept that comprises compact convertainers (NapPods) in pastel

hues, HomePods, and

Bay rooms. The seaside

hotel has a swimming

pool (WaterPod), and a

Main Street, Arugambay,

restaurant (PotPod).

+94 718 10 99 99:

Places to vi

Batticalao

arugambaypodbay.lk

Batticaloa, known as the

City of the Singing Fish, is

a major city in the eastern

coast of Sri Lanka. The

Batticaloa lagoon is one

partially enclosed from

Kanniya Hot Springs

The legendary Kanniya

nearly 26 centuries, is

that's refreshingly mind

The Lighthouse is situated

**Oluvil Lighthouse** 

approximately 12km

boggling.

Trincomalee

the coastal waters.

of the largest in the island

Pottuvil;

south of Kalmunai in the southern east coast of Sri Lanka

#### Kattankudy

Located along the eastern coast of Sri Lanka, just a few miles south of the city of Batticaloa is Kattankudy. Adding to the Arabian flavor of Kattankudy is a special attraction of its own.

#### Kallady Beach

The beach offers serene views of the Indian Ocean The bridge was built in 1924 during British colonial rule. It crosses the Batticaloa Lagoon at Batticaloa

#### Marble Beach

To many the allure of Marble Beach is its untouched pristine beauty where a dip in the sea or stroll on the beach soothes your senses. Snorkelling is a popular activity.

Maha Oya Hot Springs This hot water well is located about 2km off Maha Oya

#### Ampara Panama

1947

Located in close proximity to the Kumana National Park, it is known to be the farthest village in this region. The Panama Wewa, where cattle graze on its green pastures, and the Panama Beach are some attractions in the area.

#### Sangaman Kanda The most eastern point in Sri Lanka. The beaches

Maduru Oya here are still unspoiled and the Sangaman Kanda Lighthouse was built in

Trincomalee It is home to the Island's most beautiful beach Nilaveli. Bask in the privacy of the scenic Marble beach with crystal clear waters or enjoy the shore of Uppuveli. The waters are ideal for diving and scuba diving, be mesmerised by the colorful world under the sea. One can also enjoy whale watching.

#### Cultural site **Buddhangala Forest**

Monastery The Monastery lies deep in the jungles about 7

#### kilometers off Ampara Ampara

Magul Maha Viharaya Located within the Lahugala sanctuary, it is famed for the 'Magul Maduwa', the altar upon which the princess married King Kavantissa, thus becoming Queen Viharamaha Devi of Ruhuna

Lahugala, Ampara

Muhudu Maha Viharaya The temple is found or the sand dunes of Pottuvil and the beautiful white stupa can be seen all the way from Arugam Bay beach. Muhudu Maha Vihara is said to be the ancient temple built by King Kavantissa in the



The famed Magul Maha Viharaya is located within the Lahugala sanctuary.

#### **Kumana National Park** dedicated to the supreme deity Vishnu and his Head out on a safari to consort Lakshmi. Kumana National Park. The drive itself is a novel

experience where you

will travel through the

village of Panama. It a

destination known for

its diverse wildlife and

bird population, both

Lahugala Kitulana

Located in the eastern

region of Sri Lanka, the

area that exudes natural

beauty under the bright

especially the elephants.

The three tanks, namely,

Lahugala, Kitulana, and

Senagamuwa, serve as

vital watering holes for

the animals inhabiting

An untamed evergreen

national park is home to

elephants, aquatic birds.

mugger crocodiles, sloth

bear and other wildlife.

+94 663 669 046

Lagoon Safar

wilderness spanning

39,300 hectares, the

the area

Park

for its diverse wildlife,

sun. The Park is renowned

National Park

migratory and indigenous

Nilaveli, Trincomalee +94 262 051 333 Mahiyanganaya A popular pilgrimage site for Buddhists. It is said

to be the first place on the Island visited by the Buddha in 528 BC, and the Miyuguna Seya, Sri Lanka's first stupa, was built shortly afterwards

#### **Okanda Kovil** Park is a pristine wilderness

Also called as Ukanthamalai Murugan Kovil, devotees journey throworship on the annual Pada Yatra that journeys from Jaffna to Kataragama via the Kumana National Park. Okanda

#### Samangala Forest Hermitage

Samangala Cave Temple Complex is believed Established as a National to be built by the King Park of Sri Lanka under the Saddhatissa (137-119 BC). Mahaweli Development This cave complex consists project, the park provides a sanctuary to wildlife. of about 50 drip-ledged caves in the eastern slopes Wasgamuwa National of the Samangala rocky hill. The ancient Buddhist

#### Ampara

Temple

The majestic temple is

The kovil has a distinct

location as it is situated

atop the Swami Rock. A

found outside the kovil.

Maritime and Naval

Located in the historical

Fort Frederick, it provides

a good perspective on the

history of how the Dutch

set foot into the island

during the 16<sup>th</sup> century.

**History Museum** 

Trincomalee

huge statue of Lord Shiva,

rising to a height of 33 ft is

one of the five Ishwarams.

Seruvila Temple An ancient temple sacred to Buddhists. Trincomalee

monks have used these

caves for meditation.

#### Shri Badrakali Amman

Urani Lagoon Kovil Urani Lagoon safari is It is believed that the Kovil a popular eco touristic was built during the reign activity to witness aquatic of the Chola ruler Rajendra life, gentle giants and Cholan (1012–1044 BC). varieties of birds. The best Trincomalee. time for safari along the +94 262 222 760 Urani Lagoon is at 6am and 3pm. Thirukoneswaram

Deegavapi Maha Stupa 'Deegawapiya' graced by the Lord Buddha is one of the sacred ancient religious sites among the sixteen places of worship of the Buddhist devotees Ampara

#### +94 263 267 588. Opening Galmaduwa Raja Maha hours: 6.30am-1pm, Vihara 4pm-7pm daily.

An ancient Buddhist temple believed to be constructed during the during the reign of king Saddha Tissa. Ampara

Girihandu Seya

Situated at Thiriyaya, some 40km north of Trincomalee, this stupa, according to some accounts, is the first dagoba ever built in

the country and is the renowned for the coveted devil masks. Ambalangoda is also the hub of Southern dances: The devil dances and Kolam Netum – a satirica theatre performance with elaborate head gears and costumes, are regular happenings.

#### Dondra

At the southernmost tip of the Island and situated 6km from Matara, Dondra is believed to be the abode of Upulvan Deviyo or God Vishnu.

#### Koggala Lagoon

The mysterious mangrove island that was the inspiration for Sri Lankan author Martin Wickrmasinghe's famous novel 'Madol Doova' is located in the large freshwater lagoon in Koggala.

#### Madu Ganga

Situated 74km from Colombo in the Southern coastal region near Balapitiya. A renowned aquatic sight, a wetland river safari in the Madu Ganga will be 2-3 hours. You'll probably spot the Buddhist temple, Koth Doowa Rajamaha Viharaya and cinnamon-processing site.

#### **Pinnawala Elephant** Orphanage

Pinnawala was set up in 1975 to care for orphaned elephants, and now has the largest herd of captive elephants in the world. Rambukkana; +94 352 266 641

#### Puppet Showrooms and

Masks in Ambalangoda Ambalangoda is famed for its traditional mask production. Generation upon generation of artisans create colorful masks that have become symbolic of traditional Sri Lanka. Traditional puppet showrooms and mask makers' halls showcase the crafts of Ambalangoda.

#### **Richmond castle** Built in 1896 by Don Arthur Siriwardena, the Mudalivar of Kalutara district, it has a quixotic mix of eastern and

western architecture

Both the forest and the

ocean around Rumassala

Kalutara

#### Tea

#### **Mlesna Tea Centre**

Discover the world of tea with Mlesna, the pioneers of presenting Ceylon tea as exquisite gifts. Explore their range of regional and blended teas, specialty estate black teas, green and flavored teas. mlesnateas.lk; mlesnateas.com Mlesna Tea Centre: 29. Ground Floor, Liberty Plaza; Colombo 3; +94 112 57 4545/ +94 762 492 031 Mlesna Tea Kiosk; 43A, Ground Floor, Liberty Plaza; Colombo 3: +94 112 575 101 Tea Centre; 1-08B, Majestic City, Colombo 4; +94 11258 4492 Tea Centre; L-12, Crescat Boulevard, Colombo 3: +94 11 553 6654 Tea Centre, Galadari Lotus Road, Colombo 1: +94 112 54 4544 Ext. 483 WP4, 30, Arcade Independence Square,

Colombo 7;

Ja-ela, Kandy. +94 112 910 512. thilakawardhana.com

Pettah An enchanting labyrinth of buzzing streets that's bound to leave you mesmerized! It's a hub of activity where sellers showcase their magnificent wares, and customers haggle for the best price. You'll find heaps of goods in abundance, and the prices are unbeatable! In Bus its vicinity are the iconic Red Fort, Khan Clock Tower, and Wolvendaal

#### World Market

Church.

Located in Colombo Fort it is filled with great bargains in clothes, shoes, souvenirs and many other items

# LeLily Spa

Discover the ultimate relaxation at LeLily Spa where an expert team

slt.lk/home

#### Transport Services Sri Lanka Railways

Fort Railway Station; +94 112 432 908/ +94 112 434 215/1919; railway.gov.lk; seatreservation.railway. gov.lk Bookings can be done through Mobitel, Hutch, Airtel (dial 365) and Dialog (dial 444) & Telecom networks (dial 1265) and Sri Lanka

#### Reservation Mobile App.

Central Bus Stand, Pettah; +94 112 328 081 Online booking sltb.eseat.lk/home Sri Lanka Transport Board; 200, Kirula Road Colombo 5; Dial 1315/ +94 117 706 000 Flights Bandaranayake **International Airport** 

# (BIA)

Airport and Aviation Services, Katunayake. +94 112 259 435 airport.lk/main

and a friendly community.

#### Whisky Point

Situated in Urani, Pottuvil about ten minutes away from the main town of Arugambay, Whisky Point is a peaceful stretch of beach that is far away from village life. It is not busy or crowded but is a laid-back area where visitors can enjoy the beauty of the ocean undisturbed.

#### Surf the waves

Arugambay is a surfer's paradise. Whisky Point, Pottuvil Point, Arugambay Point, Crocodile Rock, Elephant Rock, Okanda Point, Light House/Green Beach, Panagala Point and Panama Point are best to visit from April to October.

#### Arugambay point This is one of the most popular surf breaks in Arugambay as well

as one of the top surf points in the world. Easily accessible from the beach,

id century B Pottuvil

#### Nuwaragala

An ancient fortress and monastery which is situated along the Mahiyangane Dimbulagala-Dalukkane Highway in Ampara.

# Flood Plains National

Park Situated along the Mahaweli River, the Flood Plains is an elephant corridor in Polonnaruwa. (Route A11), Habarana

#### Gal Ova National Park

Sri Lanka's collection of parks and protected environments. It's a place to immerse in nature and witness the untouched beauty of the wild. Ampara

Sri Lanka Trincomalee

#### Grand Jumma Masjid, Kattankudy Located in Kattankudy this mosque is an important religious site with an impressive exterior, similar to that of Al Agsa Mosque in Jerusalem. Katankudy. +94 77 727 0387. Opening hours: 4am–10pm.

#### Kudumbigala

Kudumbigala monastic complex in Panama, off the coastal district of Ampara in the East of Sri Lanka was built as far back as 246 BC during the reign of King Devanampivatissa It is the very first sanctuary built for Buddhist monks in Sri Lanka and therefore holds immense historical value.

#### Lakshmi Narayana

Perumal Kovil The Kovil in blue and and gold hues is purely

#### +94 262 227 053

+94 262 227 054

Colombo to Arugambay Semi-luxurv buses: leavina from Maradana, Colombo from 7pm onwards daily. (prior bookings are essential). +94 767 980 024

#### Southern Coast

Galle For culture and tradition with a bonus of sights, sea and sun, then Galle would be your hot spot for an intriguing time in the past, as well as enjoying time in the present. Other sites worthy of visiting due to their historical value include the Galapatha Temple, the Richmond castle, Nupe market and the Keechimalai mosque.

#### Ambalangoda

The cultural seat of the southern part of

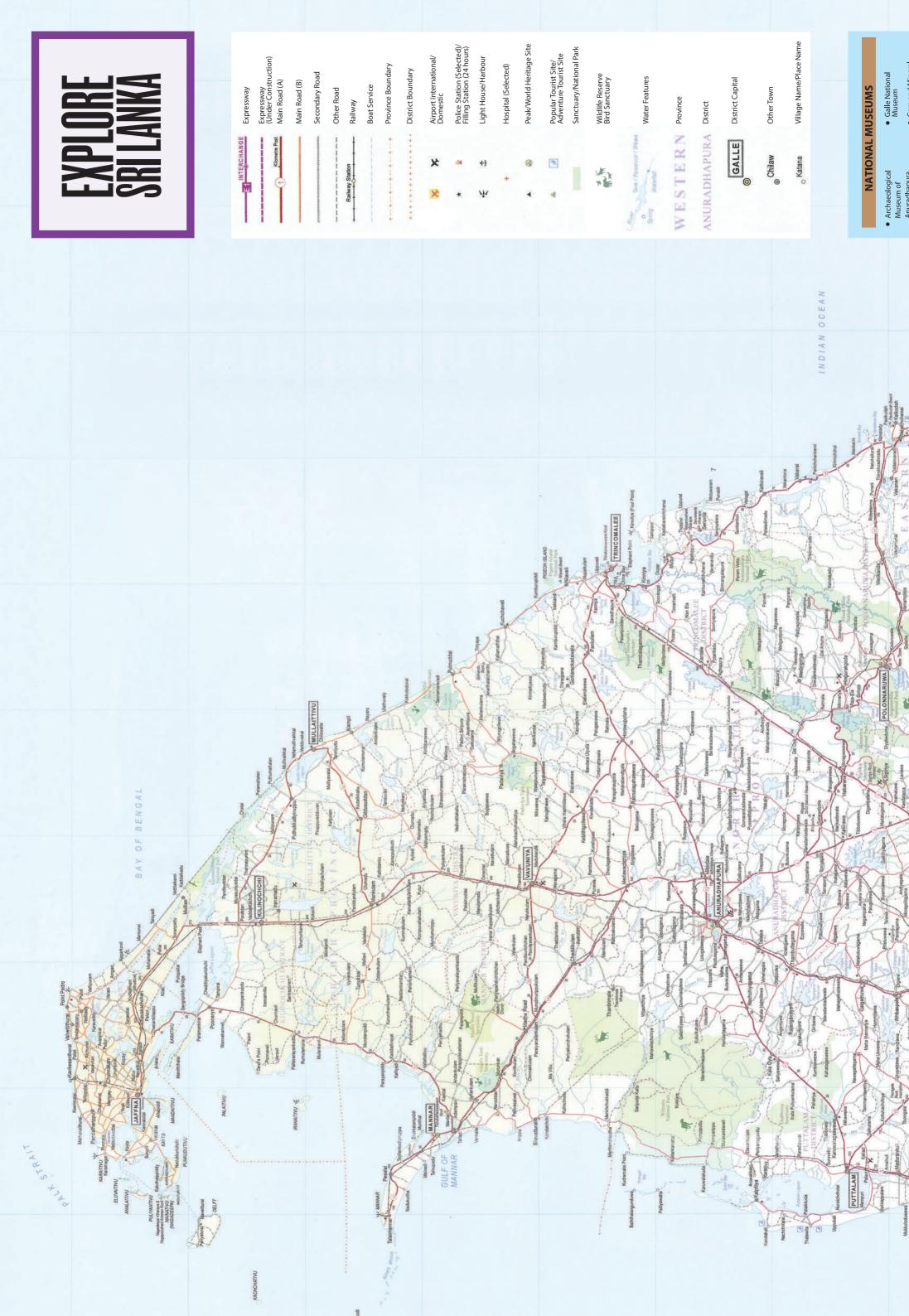
#### are rich in biodiversity. The forest is home to many species of birds, reptiles and mammals including several endemic species. as well as rare medicinal plants. Serin River Park The ecological park in Holuvagoda, features a lake, walking paths, iron bridges, children's park, market stalls, and ecosystems.

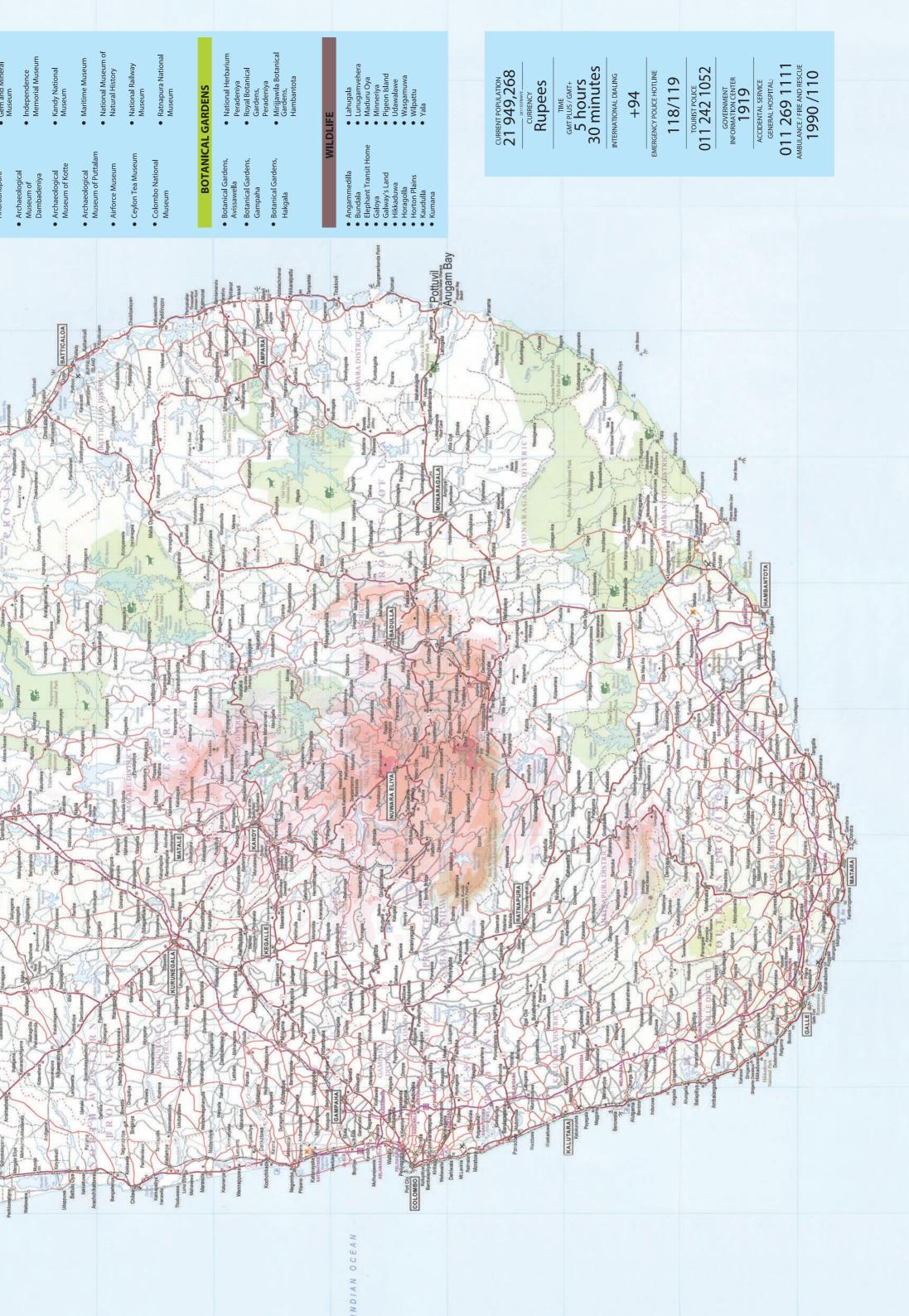
#### The Great Basses and Little Basses Reef, Kirinda

Galle

A 45-minute boat ride will take the adventurous diver and explorer to the Great Basses and Little Basses reefs from Kirinda. The Basses are considered one of the three best dive sites around the island, a must visit in March and April.

#### Off Polonnaruwa Batticaloa Road Road, Minneriya hot springs, dating back A hidden treasure in something from the past





#### **Turtle Watching**

The season from February to July also signals the start of turtle nesting, and you can witness the beautiful spectacle at Kosgoda, Rekawa, Bundala Tangalle

# and Ambalantota

#### Cultural site **Galle Fort**

35 kilometres to the east of Matara. Reminders of Overlooking the Indian 18th century Dutch days, Ocean, it is declared old villas and a fort add a World Heritage site, historical presence along the Fort itself is a with a centuries' old rock vibrant part of this city temple, Mulkirigala. as is apparent as you walk through its inner Unawatuna A popular beach that is streets, where houses have been converted ideal for swimming, and into restaurants, art snorkelling. As the sun galleries and antique sets down, the nightlife begins to come to life, and fashionable shops

#### explored. Kalutara

The Kalutara Bodhi, bridge Weligama and Gangatilleke Viharaya A beach break ensures are among other historical that the waves are not landmarks. too strong, making

#### Madunagala hot water wells

The Lighthouse stands

in the Fort waiting to be

amateur rider to learn surfing. As the night The Madunagala hot falls, the beach village spring is located in the comes alive, with lights Highland and Vijayan flickering in many a boundary. This hot spring restaurant and bar along is 11, 582ft deep with the coastal highway, its water running at a serving good food and speed of about 645ml per music. second, and is of varying temperatures

#### Matara Fort

The Matara Dutch Fort, built by the Dutch in 1645 and then handed over to the British in 1796, still stands strong and proud at the centre of the town.

#### Star Fort

The only fort in Sri Lanka, **Maritime Museum** The museum featuring built in the form of a star marine biological and has its own historical anthropological aspects significance and stands in of the southern coastal the town of Matara. area is located within the Galle Fort.

#### Beaches Bentota

Galle Fort; +94 912 242 261. Opening hours: Known for the ideal seas 8.30am–4.30pm Tuesday to for water sports, visitors Sunday. Monday closed. find themselves enjoying a thrilling speed boat ride, iet ski ride, and surfing,

**Cavalry Shrine** During the Lenten Season, large crowds of devotees journey on pilgrimage Hiniduma. +94 913 912 285

Gangatilake Viharaya

devalas, but the ancient

grounds within remain

Kasagala Raja Maha

archeological site by the

museum. Kasagala Raja

Maha Viharaya traces its

origins back to the time

Devanampiyatissa's reign

Ketchimale Mosque

A mosque of miracles,

with its 1000-year history

Beruwala. +94 342 276 481

overlooks the Beruwala

An ancient temple built

pilgrims. With a historical

stupa on the coast, this

area is renowned for the

Princess Viharamaha Devi,

legendary accounts of

to whom the temple is

Meeran Jumma Mosque

Commonly called the

Galle Fort Mosque, this

mosque has a history of

by King Kavantissa,

it attracts numerous

of the Anuradhapura

era during King

Hambantota

Harbor.

Kirinda

dedicated.

government. The pathway

It is declared as an

untouched.

Aluthgama

Viharaya

+94 342 274 453

#### respectively Beruwala

water skiing or kite

surfing. Venture inland

the Lunuganga and the

Brief Garden by Geoffrey

for an artistic treat at

Bawa and Bevis Bawa

Passing the bridge of Kalutara, amidst the trees A stretch of golden sandy and above the waters of beach offering a tropical Kalu Ganga a strikingly beautiful white Dagaba can be seen. Kalutara

#### Dickwella Hummanaya Blow Hole

paradise

Kalutara Bodhi The name Hummanaya The Kalutara Bodhiya, is attributed to the noise which is a sapling of made when the water the Sri Maha Bodhiya of gushes up the narrow Anuradhapura, is revered fissure. Watch the sea by Buddhists who visit it water spurt out to year around. +94 342 226 483 towering heights when it thrusts water against the Kande Viharaya

narrow rocky cove and pushes it through a hole Built during colonial in the rock bed with a times, the temple has 'wheezing' sound. seen several modifications including the addition of a library, museum and new

Hikkaduwa One of the most popular beaches and emerged as a surfing and backpacking hotspot in the 1970's. The town continues to maintain its laidback atmosphere, as well as a vibrant nightlife, which attracts large numbers of young travellers.

Mirissa has in store. Famous over 300 years. The design for the sightings of the is an amalgamation of gigantic blue whale, it is British Victorian and also in close vicinity to Islamic Architecture. several charming beaches Galle. +94 76 866 5435. like Dalawella and Polhena. Opening hours: 5am–9pm

Tropical sunlight abounds

in Tangalle, a coastal town

and guests can enjoy

delectable meals and

cold drinks or dance

beats.

the night away to lively

the waters safe for an

Galle National Museum

The Museum constructed

ornaments and artefacts

+94 912 232 051. Opening

in 1656 is dedicated

to showcase ancient

hours: 9am-4.45pm

Tuesday to Sunday

Monday closed.

#### Mulkirigala Raja Maha Vihara

Inland from Tangalle, this natural rock monolith was a cave retreat of Buddhist monks dating back to 130BC.

#### Ruhunu Maha

Kataragama Devalaya The Kataragama Devalaya has been a revered place of pilgrimage among Buddhists and Hindus for centuries. Pilgrims seek the divine intervention of God Katargama +94 472 235 122. Opening hours: 4.30am-9pm. rmkd.lk.

#### Sella Kataragama

A little town located a few kilometres from the city with a shrine dedicated to Lord Ganesh. It is also recognised as the place where god Kataragama met one of his partners, Valli Amma, under the tamarind trees

#### Shrine of our Lady of Matara

Positioned across from Beach Park, where many find a welcome interlude among the waves, is the Shrine of our Lady of Matara, formerly known as St Mary's Church Matara; +94 412 222 056

#### Sri Meenatchi

Sundareshwarar Kovil Located in the city center of Galle, the temple is dedicated to Lord Shiva. The gopurams are intricately decorated with structures and stone carvings. Galle +94 912 234 186

#### Sri Kathirvelavutha

Swami Kovil Dedicated to several shrines with deities Lord Shiva, Murugan, and more, the temple's origin dates back to the fifth century

#### Tissamaharama Raja Maha Vihara

Galle

One of the four major Buddhist monasteries, to be established after the arrival of Arahant Mahinda Thero

#### Yatagala Rajamaha Viharaya

It is believed to have been established during the reign of King Devanam Piyatissa of the Anuradhapura period, when one of the first saplings from the revered Sri Maha Bodhi was planted here Unawatuna

#### **Bundala National Park**

Sri Lanka's first site to receive Ramsar site status, it is home to multitudes of waterfowl species, both residential and migratory.

#### **Birds Park Hambantota** The park stretches over 50 acres. Home to about 200 bird species, the centre

has for its aim the conservation of both fauna and flora. +94 47 493 7111. Hambantota. Opening

Situated between Udawalawe and Yala, Lunugamvehera provides a safe path for elephant migration. There are other flora and fauna +94 47 348 9159

Lunugamvehera

#### Mirijjawila Botanical Gardens

The Botanical Gardens lies along the Hambantota-Sooriyawewa Road spanning an extent of 300 acres Hambantota.

#### Sinharaja Rain Forest Sinharaja has been

designated a UNESCO World Heritage Site Within the rainforest reserve, a visitor can experience an abundance of flora and fauna, which includes many endemic plant and animal life.

#### **Udawalawe National** Park

The Park is home to a population of over 400 elephants and the probability of seeing them while on safari is almost always guaranteed +94 473 475 892.

#### Yala National Park A wildlife sanctuary bordering the south eastern coast of Sri Lanka, is home to the most enigmatic of creatures - the leopard, majestic elephants and elusive sloth bears. Wildlife enthusiasts and visitors can spot leopards around the year. +94 112 888 585

#### **Hill Country**

Ella A vibrant holiday destination teeming with visitors, exuding the charm of a quaint European town. The town boasts of an array of elegant restaurants and rustic eateries, each wafting the air with tantalizing aromas. Among the many peaks to conquer are Little Adam's Peak and Ella Rock, trails that offer an immersive experience of the lush, wild emerald landscape of the area. A brisk walk to the iconic Nine Arches Bridge is another popular activity, with eager sightseers waiting to capture a train passing along the bridge. Close by is the ancient and picturesque Ravana Ella Cave Temple.

#### Nuwara Eliya

Commonly called the 'Little England' the verdant hills with a misty aura, colourful flower gardens, strawberry fields and little cosy English cottages, create the idyllic setting of Nuwara Eliya. As the season begins in April. flowers start blooming, and the climate is pleasantly chilly attracting vacationers to visit the many exciting places in town.

**Adisham Bungalow** A four-kilometre drive from Haputale will take you to the colonial Adisham bungalow. The stunning verdant scenery and plush tea estates. +94 572 268 030

Haputale The must see include Adisham bungalow, Lipton's Seat, Idalgashinna, Horton Plains, Thangamale Sanctuary and the beauty of the Bambarakanda as well as Diyaluma waterfalls

Idalgashinna

Lake Gregory

Lipton's Seat

Another ideal hiking

the railway lines is the

small hamlet that leads

the adventure enthusiasts

to explore the mountains.

Along the lake you will see

groups either enjoying

horses, on a paddle boat

or taking a leisurely stroll.

The name Lipton's Seat

Thomas Lipton who had

picturesque mountains

The town is an intriguing

combination of ancient

and modern tea country

lifestyle. Places to visit are

Gartmore falls, Maskeliya

reservoir, Laxapana

falls and the Warleigh

Church, built in 1878

perched overlooking

Castlereagh Reservoir.

Madulsima

**Moon Plains** 

the hauntingly beautiful

Surrounded by beautifully

pruned tea estates, misty

mountains, and a mini-

World's End in Elemana.

The central plain located

vast greenland complete

with a surrounding forest

Pidurutalaga 2,524m is Sri

Lanka's highest mountain.

and Lake Gregory and well

as that of Adam's Peak to

The peak offers views of

the Nuwara Eliva town,

in Nuwara Eliya. It is a

reserve, tea estates

Pidurutalagala

The impressive

the Southwest.

Raxagala is popular

among hikers owing

to the stories of lore

Raxagala is supposedly

the place where Ravana,

the king of Sri Lanka had

Thangamale Sanctuary

Part of the Glenanore Tea

Estate, it is a 131-hectare

sanctuary and is a two-

kilometre drive from

A sheer cliff, located

Park in Nuwara Eliya,

World's End is a deadly

drop shrouded by cold

Bambarakanda and

The tallest waterfall in the

island, the Bambarakanda

falls pours continuously

while the stunning

Diyaluma falls takes

the credit for being

Diyaluma falls

in Horton Plains National

Haputale town

World's End

white mist.

hidden Sita for a while.

associated with it.

Raxagala

farmlands.

gardens and vegetable

was derived from Sir

enjoyed views of the

and emerald hills

Maskeliya

a family picnic, riding

destination. Trekking past

#### **Royal Turf Club**

built in 1889.

+94 522 222 835,

+94 522 224 104.

Launched to promote horse racing in Sri Lanka. In adhering to International standards, the club plans events where both local and tourists can take part in the premier sports. +94 77 030 9090. royalturfclub.com

Recreational Sports Nuwara Golf Club

The Nuwara Eliya Golf

green mountains with

spectacular views was

nuwaraeliyagolfclub.com

Club located between lush

#### us Sites

**Holy Trinity Church** The church of the Holy Trinity was built in 1845 atop a hillock a little away from the flurry of

Nuwara Eliya town.

Nuwara Eliya.

Muthiyangana Raja Maha Viharaya One of the 16 sacred places visited by Gautama Buddha. Badulla. +94 552 222 313.

Ramboda Shri Bhakta Hanuman Temple The 16-foot statue of Shri Hanuman had been chiseled from rock in Mahabalipuram, India and brought to Sri Lanka and was first placed on this site in Ramboda and the temple had been built around it. +94 522 259 645. Opening hours: 7am-1pm, 3.30pm-6.30pm.

Saparagamu Maha Saman Devalaya The history of the temple could be traced back to the Kingdom of Dambadeniva. to the time of King Parakramabahu II. Ratnapura; +94 452 221 411

#### Seetha Amman Kovil A remarkable religious and historic temple. It is said to be the place where Sita was held captive by Ravana according to the Ramayana +94 522 222 038. Opening hours: 7am–1pm, 4.30pm-7pm.

Sri Pada (Adam's Peak) Sri Pada, Samanalakanda or Adam's Peak, is the 2,242m tall mountain with the pilgrimage season beginning from Unduvap

#### runs till Vesak Poya in May. St Xavier's Church

Poya in December that

An age old church in the midst of the Nuwara Eliya town. With its pews that continue all the way to the altar and grand interior, the church is pervaded with the spiritual essence that seems to attract many who seek the blessings of the lord.

Nuwara Eliya. +94 522 222 564

#### **Belihul Oya**

A charming hillside village situated in the Ratnapura District. It is nature's marvel, a miracle of creation blessed with an



Experience a leisurely walk while immersing in the historical splendor of Galle Fort, which offers stunning views of the Indian Ocean

and Mandaitivu isles.

Nearby is the Pannai Park

where families, relax and

joggers keep their fitness

regime on the walking

Sivapoomi Museum

museum features antique

displays and the museum

yard has statues of Tamil

Navatkuli. +94 212 052 585;

sivapoomimuseum.com

A historically significant

received the Great Theri

with the sacred Bo sapling

Opened in 2020, the

artefacts, newspaper

kings, who ruled the

Jaffna Kingdom and

there is a collection

of vintage cars, too.

**Religious sites** 

Dambakolapatuna

temple situated in

the Jaffna district.

It is said that King

Devanampiyatissa

at this port

Maviddapuram

Kandaswamy

**Kandaswamy Kovil** 

The Maviddapuram

Kovil is nestled close to

KKS. It is a shrine that is

Tellippalai. +94 212 243 334

With elaborate gopurams

and interiors of detailed

artistry is one of the most

(Mahotsavam) during

manner with vibrant

chariot processions.

hours: 4am-5.30am,

7.30am-12.30noon

3pm–6pm Monday to

Sunday. 4am–12pm,

3pm-6pm Friday.

Thursday, Saturday and

August is held in a grand

+94 21 222 2631. Opening

dedicated to Lord

Skanda, god of war

**Nallur Kandaswamy** 

Kovil

tracks.

Museum

Seethawaka Odyssey Saturday and Sunday, leaving Colombo Fort at ruling elite. Mobile M Ticketing Service Pannai Bridge, Jaffna

Dial 365 hotline. One of the most ambient SLT – Dial 1265. locations in the island Sri Lanka Railways to watch the sunset. +94 11 460 0111 The bridge connects the peninsula with the Kayts

#### Jaffna, Mannar and North

7.15am

Beaches Casuarina Beach Twenty kilometres from Jaffna will take you to the idvllic Casuarina Beach in Karainagar – named after the fuzzy-pine-like casuarina trees lining the long stretch of shore.

#### Kankesanthurai (KKS)

Long strolls in the windy surroundings, boat rides and picnicking on the beach are the most popular activities here. The area, is fast becoming a hub for beach lovers.

Kudiramalai beach Accessed via the Wilpattu National Park, it is a serene expanse of scrub forests, coastal cliffs with a red hue, and windswept driftwood. To get there, one must traverse the copperv-colored sands of Thambapanni.

Pigeon Island This beautiful island is one of the two marine

national parks in Sri Lanka, ideal for diving and snorkelling. The coral reef, which is about 200m long and 100m wide has over 100 species of coral and 300 species of reef fish.

#### **Places to visit**

**Doric House** venerated religious sites The resident of the first in Sri Lanka. The month-British Governor of Ceylon, long annual festival also Frederick North known as Nallur Festival

#### Fort Hammenheil

The octagonal shaped fort is located between Kayts and Karaitivu on the Jaffna Peninsula.

#### **Grand Mosque**

The Grand Mosque was built by Muslim traders during the Dutch era in 1973 Jaffna

#### Naguleswaram Kovil The spiritual energy of the

**Jaffna Fort** Naguleswaram Kovil in Built by the Portuguese, Keerimalai, is one of pure this fort is standing divinity, as it is one of the evidence of the colonial five Iswarams dedicated past of Sri Lanka. The to Lord Shiva in the island. 400 year old edifice, The water from the pond designed in the shape of

100AD passed through Pope Francis. The annual the hands of a number of feast takes place during dignitaries from Jaffna's the months of July-August. Mannar; +94 23 228 0001

#### Sri Vallipura Alvar

Swamy Kovil Situated in Thunnalai, Vadamarachchi and considered as one of the oldest Hindu temples in Jaffna. It is a sanctuary dedicated to Lord Vishnu, the preserver and protector of the universe as believed by many. Puloly. +94 21 226 3074. Opening hours: 6am-5pm Monday to Saturday, 5am–6pm Sunday.

#### Thiruketheeswaram Temple

This Hindu temple is one of the five Ishwarams of Lord Shiva in Sri Lanka. The temple has lay in ruins, been restored, renovated and enlarged by various royals and devotees throughout its history. The temple overlooks the ancient Tamil port towns of Manthai and Kudiramalai. Mannar.

A famous spot for selling

spices local confections,

mangoes (during May to

August season), grapes,

Kotta Kilangu (Odiyal),

crunchy peanut cookies,

packed in palmyrah) and

Located along the thin

strip that connects the

with the mainland of Sri

Lanka, the Chundikulam

greater flamingoes can

creating a picturesque

migratory bird season

Wilpattu National Park

mammals can be seen

leopards, sloth bears,

elephants, buffaloes,

spotted deer, barking

deer, sambar deer, grey

langurs, wild boars and

in Wilpattu and includes

from November till

Over 30 species of

be sighted in flocks

northern peninsula

Sanctuary is a haven

for birds and other

wildlife. Magical

sight during the

February.

Kuddan (thal jaggery

Jaffna Nelli Crush.

Wildlife

Sanctuary

Chundikulam

juicy Karthakolomban

fresh produce, exotic

#### Shopping Jaffna Market

#### Hiriketiva

A small cove on the southern coast, Hiriketiya is also known as the 'Blue Beach' by the international tourists who make their way to the beach, attracted by the splendid surfing opportunities.

#### Kalutara

With the rare combination of seascapes, river views and a beautiful skyline with the stupa, Kalutara beach is perfect for a stopover. Soft sand gives way to crashing waves and if you wait for the sunset, it will be one of the most spectacular ones you have ever seen.

#### Koggala

Koggala is also the home of the famous Martin Wickramasinghe Folk Museum, and watch stilt fishermen – a popular sighting.

#### Mirissa

Whale watching is one of the many delights that

hours: 6am–6pm with 28 Buddha statues birdspark.lk leads towards the heart of the temple with a

#### **Kanneliya Forest** Reserve

Kanneliva alone is responsible for 5,276 hectares of the Galle district. While much of the terrain is flat with mild inclination, there are a few summits ideal for trekking, of which the Kabbala Kanda is the most hiked due to the awe-inspiring view from the top. Galle

#### Kalametiya Bird

Sanctuary A coastal wetland on the southern part of the island with marine, birdlife, coastal lagoons, mangrove swamps, scrub jungles and open grassy areas.

#### Kottawa Rainforest Reserve

The reserve is part of the Kottawa Kombala Conservation Forest covering 1,800 hectares. Galle

#### Bandarawela

Bandarawela has one of the most invigorating climates in the island. Several tea estates surround Bandarawela. Walking is the best option and you could walk through the beautiful trails, which pass through the tea estates.

#### **Bogoda Bridge**

The Bogoda wooden bridge rests proudly just as it had for over centuries making it one of the oldest wooden bridges of its kind in existence. At the end of the bridge is the Bogoda Raja Maha Viharaya.

#### **Castlereigh reservoir**

The hauntingly beautiful Castlereigh reservoir with its large collected water span is another breathtaking site. the third highest in the island. Picnic or enjoy a moment while engaging in a memorable time with family or friends.

#### **Devon Falls**

Located along the Talawakele-Hatton Road in the Nuwara Eliva district it is a vision of striking green and foaming water down the falls.

### and Botanical

#### Hakgala Botanical

Gardens Sits over 1,745m above sea level and extends about 28 hectares. Within the Glass house there are many varieties of flora. +94 812 388 088. Opening hours: 7.30am–5pm. Daily

#### Victoria Park

Named to commemorate the Diamond Jubilee of Queen Victoria, the park has beautiful flower varieties. +94 522 222 275

abundance of waterfalls streams, nature, cycling trails and numerous opportunities for bird watching and camping.

#### **Horton Plains**

As part of the UNESCO Central Highlands of Sri Lanka heritage site, the Park is regarded a super biodiversity hotspot.

#### Train

Ella Odyssey Colombo to Badulla Thursdays and Saturdays; 5.30am and Badulla to Colombo: Fridays and Sundays 9.50am seatreservation.railway aov.lk/mtktwebslr Mobile M Ticketing

seatreservation.railway gov.lk/mtktwebslr

a pentagon, is a symbol of Dutch architecture.

Jaffna Library The colossal building that is a landmark in Jaffna is a center of knowledge and intellectual gathering. +94 212 226 028

#### Kandarodai Temple

Also known as Kaduragoda Viharaya, it is located within a residential area in Chunnakam. Stupas of various sizes are visible amongst the palmyrah trees. Oujet and peaceful. it is believed that this is the resting place of 60 Arahants and their sacred remains have been placed within each stupa.

#### Kudiramalai

The Aryan Prince Vijaya of North India landed on the shores of Thambapanni with 700 followers in 543 BC.

#### Manthiri Manai

An ancient Roval Palace that was built in the

is believed to have healing and mystical powers and many who visit the Kovil, make sure that they have a bath in the pond.

#### Nagadeepa Rajamaha Viharaya

One of the 16 Solosmasthana, the Nagadeepa Rajamaha Viharava is believed to have been visited by the Buddha. Nainativu Island

#### Nagapoosani Amman Kovil

Situated on the islet of Nainathivu and is a boat ride away from the Jaffna peninsula. Dedicated to Nagapooshani Amman, it is said that this temple has great divine power. Nainativu.

#### Shrine of Our Lady of Madhu

With a miraculous Marian statue, situated amidst the jungles of Mannar; blessed by His Holiness

#### Kandy and Central

+94 112 888 585

jackals.

Kandv

corner.

Kandy, the last sentry of Sri Lanka's regal heritage radiates a sense of quiet dignity in the midst of frenzied movement. It is an epitome of modern urban living, but its rich history resounds in every

lall/Entertainment/ Kandy City Centre (KCC)

KCC Kandy's largest shopping mall, with over 100 shops selling everything under the sun, whether it's for clothes, shoes, bags, jewelery, wellness, flowers, souvenirs, handicrafts or phones. From eateries and goody booths, a supermarket, a vast offering of entertainment attractions and virtual reality experiences, including the three-

# Service

Dial 365 hotline. **Dunhinda Odyssey** Weekdavs: leaving Colombo Fort at 7.15am. Online booking:

cinema KCC Multiplex. World Spice Restaurant, Sri Lankan Restaurant at the Terrace, Café Walk, Gelateria, Bakes & Cakes Fresh Juicery and Salad bar, Snax, World Play KCC Entertainment Zone, VR Game Zone, and KCC Multiplex are part of KCC 5 Dalada Veediya, Kandy.+94 716 555 555/+94 812 202 846 Kandycitycentre.lk

Nolimit (L3-26):

+94 812 221 199

+94 812 224 466

+94 771 985 388

+94 761 756 671

+94 812 205 449

+94 812 200 455

Miika (L3-29); +94 752

Adidas (L3-16); +94 812

Galleria (L3-15); +94 815

Hameedia (L3-14);

Urban Trendz (Turret)

(L3-12); +94 812 222 722

Exclusive Lines (L3-8B);

Dmaxx (L3-8A1); +94 812

Cherana Dodge (L3-8A2);

Amante (L3-6A); +94 814

Avirate (L3-6B); +94 814

Helayu (L3-K3); +94 769 672

Spa Ceylon (L3-10);

329/+94 759 668 795

hSenid (L6-3); +94 718

Bitzify (L6-7); +94 812

Burger King (L4-4);

+94 815 101 101

+94 812 233 322

Cotton Collections (L3-11);

+94 815 630 077

+94 812 235 340

+94 814 953 665

+94 117 701 801

232 268

955 956

951 513

Retails

Level 4

Level 6

Office

143 637

063 636

ACH Education;

+94 776 037 728

Ambuluwawa

Surrounded by many

mountains including

Piduruthalagala from

(Bathalegala) from the

West, Sri Pada (Adam's

Peak) from the South and

Knuckles Mountain Range

the East, Bible Rock

Blink (L3-L -Bazaar);

Chamathka (L3-8A1);

International Watches &

Sunglasses (L3-19); +94 812

W. A. De Silva & Co (L3-18);

441 1924

223 876

190 701

205 362

630 077

Stone N String (L3-K4);

D-Blaq (L3-25A); +94 77

#### Shops at KCC

Level 1 Electronics Singer Mega (L1-15); +94 812 205 507 A Pictures (L1-12); +94 812 221 100 Retails Keells (L1-14); +94 812 235 931 Retails (F&B) Royal Cashew (L1-K12); +94 814 954 052 Baskin Robins (L1-K6); +94 815 271 212: Birdylicious (L1-K11); +94 812 071 071 The Kithul Shop (Dumbara Natural Foods) (L1-K7); +94814814811 CBL Revello Speciality (L1-8); +94 815 000 433 Finance Sampath Bank (L1-6); +94 812 205 825 Pan Asia Bank (L1-5A); +94 814 951 035 DFCC Bank (L1-5B); +94 812 221 552 People's Bank (L1-4); +94 812 205 482 NDB Bank (L1-3); +94 817 448 006 Commercial Bank (L1-2); +94 812 235 732 NSB (L1-1); +94 812 205 506 BOC (L1-19); +94 812 205 110 NTB (L1-17); +94 814 501 051 HNB (L1-16); +94 812 205 841 Services Thomas Cook Lanka

(L1-K9); +94 812 205 811 BOC Travels (L1-K10); +94 812 205 110 Sri Lanka Post (L1-K3); +94 812 222 294 Level 2 Electronics

Softlogic Communication

(L2-12); +94 812 205 836

Softloaic Max Showroom

(L2-30); +94 812 205 039

Abans (L2-5); +94 812

Futureworld (L2-2A);

+94 812 201 099

Entertainment

211 946

220 888

Fashion

202 997

812 220 701

812 052 685

696 506

Lifestyle

Retails

+94 812 221 524

+94 812 205 655

Miniso (L2-2);

404

#### from the North Sense Micro (L2-40); +94 777 113 016/+94 706 **British Garrison**

Cemetery Nestled against the hillside is the British Garrison Cemetery, imparting a sombre aura as tombstones and black headstones mark the final resting places of British and Europeans.

#### Kandy Shooting Range Giritale

(L2-37); +94 776 999 373 Giritale tank (lake) is truly a gem within Sri Lanka's Bata (L2-17); +94 812 205 intricate and extensive ancient irrigation system Saweena Beauty Care (L2-Giritale holds that 16); +94 812 061 299 magnetic effect capable Mallika Hemachandra of drawing in and holding Jewellers (L2-15); +94 812 large flocks of diverse avian fauna DSI Premier (L2-14); +94 Hanthana Mountain Luv Essence (L2-28); +94 Range A charming mountain Elegance Pearls & range which is a good Diamonds (L2-K2); +94 759 trekking spot. The Parfumeria (L2-10); Kandy Town +94 813 839 025 The Kandy town is ceaselessly abuzz with Nick Nack (L2-35),

#### activity. The railway station and market are scenes of chaos mixed-up in human theatrics. Strings of shops Sarasavi Bookshop (L2-21): crisscross the streets and by-roads, selling

(L3-30A); +94 11 770 1801 Kitulgala A famous hub for water based adventure programs including whitewater rafting. Surrounding by spectacular scenery with forest-covered hills Saravanas Textile (L3-22); and kitul palm trees.

#### **Knuckles Mountain** range

The mountain range is a paradise for those who like to hike and mountain bike as it offers numerous mountain trails that cross spectacular scenery such as clear crystal rivers, dense forests, flowing waterfalls and lush plantations.

#### Nelum Wewa

The hot water springs found here are at a temperature of 62°C! The reason being that these hot water springs in fact connect to others in the island such as the hot water springs of Kanniya, Trincomalee and Maha Oya forming a network of springs through the earth's crust and thus to maintain a healthy source of water at other regions the three additional wells were closed off at Nelum Wewa

#### National Ironwood Forest (Jathika Namal Uyana)

Namal Uyana (Pink Quartz Mountain Range) abounds with natural beauty and its tranquility and stillness encourage visitors to search for spiritual fulfilment. Sri Lanka's biggest concentration of ironwood trees are found here.

#### Pussellawa

Many interesting places to visit including tea plantationss, Chariot Path, Peacock Hill, and Kotmale Valley. Also here is the Sri Kathirvelayutha Swami Kovil Murugan Temple, originally built in the

### Randenigala

The Victoria Randenigala Rantembe sanctuary is nestled between the Knuckles range and the Central mountains of Kandy.

#### Sembuwatta Lake

A beautiful man-made reservoir located in Elkaduwa, Matale. The lake is bordered by Cambell's Land Forest reserve and situated at an elevation of 1,140m

#### Wiltshire Mountain Range

A less explored mountain range in Matale, with wildflowers and Carribean pines. Ideal for trekking.

Anuradhapura A city of immense historical and religious significance, revered as the holiest and oldest Buddhist city in Sri Lanka.

Aukana The massive Buddha helping to uplift the region. Elephants can be seen on the banks of this tank in the evening

#### Nalanda Gedige An ancient stone temple

that was constructed during the eighth and tenth centuries with Dravidian architecture

# Polonnaruwa

A city renowned for its ancient ruins. Polonnaruwa's kingdom once reigned supreme over the island for a relatively short period, from the 11th to the 13th Century. Its archaeological square is a great place to experience age-old artefacts; tombs, stupas, structural remains of temples and statues

#### Pidurangala

A large and unusual rock formation that sits alongside the Sigiriya Rock Fortress, the two icons dominate the landscape. Pidurangala like Sigiriya, has historical ties to King Kashyapa and is an ancient monastery complex.

#### Sigiriya

The eighth wonder of the world, the rock fortress of Sigiriya 'Lion Rock' – is a 500 foot monolith, rising magnificently out of the dry central plain. The ascent begins at an entrance way through a large carving of a lion; the remnant of its stone paws clearly noticeable. The frescoes are a highlight of the massive complex built by King Kashyapa. Yapahuwa Rock Fortress

#### Yapahuwa is famed for the rock fortress and the stone lion. Drive past the quaint town of Kurunegala, ringed by a giant boulder shaped like a kneeling elephant. and then emerge into a peaceful country where history sleeps.

#### National Museum of

Kandy Built like a noble Kandyan manor, one-storied but large with polished wood roofs, doors and stone floors, the museum is a treasure trove and a gallery of priceless art. +94 81 222 3867. Opening

The Museum represents its cultural, technological and archaeological value. Sigiriya. +94 662 286 355. Opening hours: 5am-5pm

Veediya, Kandy; 081 222 8626 Tea Centre; L2-18, Kandy City Centre, Kandy; 081 220 0255

13-26, Kandy City Centre,

557, Peradeniya Road,

121/22, Kandy Road,

+94 37 222 1866 456.

Kandy Central Market

A treasure trove waiting

to be discovered. It has

shops that sell almost

anything under the sun.

A foodie's paradise for

fresh vegetables and

bread, cakes, and sweet

treats from foody stalls.

spice stands, wellness,

else

Alu Vihara

artefacts.

+94 662 222 533.

Anuradhapura

The city's spiritual

by the presence of

the sacred Bodhi tree,

grown from a sapling

brought by Bhikkuni

Sanghamiththa to Sri

to be the oldest living

Lanka. This tree, believed

tree in the world, thrives

at the Maha Megha Vana

Royal Park, a site of great

historical importance in

Abhayagiri Chaitya

Walagamba and the

premises has housed

the sacred Tooth Relic

during the Kingdom of

Bahirawakande Temple

massive pristine white

Buddha statue. From its

high vantage point, the

gigantic Buddha statue

surveys the whole town.

Buduruwagala Raja

An ancient Buddhist

Buddha statues that date

back to the 10th century.

Dambulla Cave Temple

Rangiri Dambullu Raja

Maha Vihara, UNESCO

heritage monastery is

the country's largest cave

temple complex, dating

from the first century BC

+94 662 283 605

**Embekke Temple** 

Built in 1371 by King

is dedicated to god

Galmaduwa temple

The temple is believed to

have been constructed

[(1747-1782 A.D.)

Rajapakse, 2016].

Isurumuniya Raja Maha

The temple was built by

King Devanampiya Tissa in

250–210 BCfollowing the

arrival of Arahat Mahinda.

Jaya Sri Maha Bodhi

Venerated by hundreds

of devotees, and on the

Pova day, thousands more

make pilgrimage to offer

Pooja to the sacred Bodhi

King Mahasen is hailed as

Jethawanaramaya

ancient world.

The temple was

Jethawanaramaya by

the largest stupa in the

Kadadora Viharaya

abandoned and ruined

as the construction of

Kotmale Dam in 1979 by

Kandy

Viharaya

Anuradhapura.

Kataragama

Wickrama Bahu III and

temple with seven

Maha Viharaya

Monaragala

Was built by King

Anuradhapura

A landmark with a

Anuradhapura

Known to be the

repository of Buddhist

wisdom, Aluvihare has

a legacy that dates back

millennia, recorded in its

many caves as intricate

murals, inscriptions and

prominence is exemplified

handicrafts, tea, tobacco,

and pretty much anything

fruits, meats and fish, fresh

Kandy; +94 812 200788

Keaalle: +94 352 221 445

9, Bauddhaloka Mawatha,

+94 812 221 199

Kurunegala;

5 Dalada Veediya, Kandy;

Nolimit

Lankatilaka Viharaya Built with three storeys in a ornate design with bright frescoes and a seated Buddha, the Lankatilaka Viharaya dates back to the 14th Century AD. +94 76 664 1154

#### Lankaramaya

Situated away from the Maha Megha Vana Royal Park where many religious sites can be seen. Built by King Walagamba, the Dagoba is said to enshrine

precious jewels within.

Mahaweli Development program. The ruins of

Vihara still can be seen

when the water level of

Kotmale Reservoir lowers.

#### Lovamahapava

A structure that is said to have been of nine storeys, and was built by King Dutugemunu for the use of the Bhikkus who lived in the Maha Vihara

#### **Matale Sri**

Muthumariamman Kovil The temple is an exuberantly decorated structure that can be easily seen from afar. The prominent towers called Gopurams, boast hundreds of detailed sculptures, in a rich mosaic of colour. Matale. +94 662 222 481 Opening hours: 4.30am-8pm

#### Mihintale

Known as the cradle of Buddhism in Sri Lanka King Devanampiyatissa met Arahath Mahinda Thero here on Poson Poya Day, in 246BC when the Dhamma was brought to the country.

#### Mirisawetiya

The first Chaitya built by King Dutugemunu, as an offering to the Sangha. It has been built on a site consecrated by the Buddha's presence and therefore it is venerated by countless devotees that piously worship the Dagoba

#### Mahamevna Uyana

Created by King Mutasiva, the naming of Mahamevna Uyana is steeped in legend. The Mahamevna Uyana has four heritage sites of importance – the Sacred Bodhi Tree, the Samadhi Buddha Statue Ruwanweliseva and the Thuparama stupas. Anuradhapura

#### **Ridee Viharaya**

Consists of several shrines built into the hollows of caves, or erected out of stone and daub. Kurunegala.

#### Ruwanweli Maha Seya Built by King Dutugemunu remains a site of great veneration, evoking spirituality in the hearts of visitors

Somawathie Temple Situated within the Somawathie Wild Life Reserve and the road reaches a clearing where the temple and its precincts can be found At a glance a clear white bubble of stupa sits strikingly with no other elements to detract from



Located amidst the tranquil hamlet of Indigolla in Gampaha, St Jude's Shrine is a beacon of hope for the distraught and faithful

#### Thuparamaya

The first Chaitya that was built in Sri Lanka by King Devanampiyatissa Thuparamaya is consecrated by the Buddha's presence, when he visited the island for the third time

#### ports Victoria golf course,

Digana The golf club features a meticulously designed and well maintained 73 Par, 6933-yard championship, 18-hole course. Digana. +94 71 737 6376. golfsrilanka.com

# Kalawewa National Park

Surrounding the Kalawewa and Balalu Wewa tanks constructed by King Datusena in the fifth century, it is an ideal place to spot the gentle giants in herds.

**Minneriya National Park** Made of grasslands, thick scrub, and the wildlife that roam their particular territory, the Park is fed by its giant reservoir. A must see spectacle is 'The Minneriya Gathering' where countless herds of elephants congregate near the Minneriya reservoir +94 113 671 490

#### **Somawathie National** Park

A huge (37,645ha) sanctuary stretching from central Sri Lanka to the Upper Lagoon near Vakarai on the East Coast with a large elephant population. The park is home to historic . Somawathiya Chaitya, the stupa which was named after Princess Somawathi Polonnaruwa

#### **Udawatte Kele**

Sanctuary The sanctuary lies proximate to the heart of the city. In fact, you see it just above the roof of the Temple of the Sacred Tooth Relic – an intriguing, green wilderness +94 812 232 873

#### Negombo and Gampaha

Negombo An ideal beach town for sun and sea lovers and about an hour's journey from Colombo, Negombo is also a short trip from the airport in Katunayake. With fabulous sunsets, strolls along the shore, little shops selling garments and souvenirs, live bands playing, restaurants peppering almost the

claim to this trading point for spices, the Portuguese built the Negombo Fort.

Friday, which displays

Negombo

+94 312 223 336

Maha Viharaya

Pilikuththuwa Raja

A complex of 99 caves

According to folklore it

and a Raja Maha Viharaya.

served as a refuge for the

exiled King Valagamwba.

Potgul-len Raja Maha

known as the Alavala

Viharaya

importance.

Gampaha; +94 33 333 7982

Composed of three caves,

Caves, the site is of historic

as well as of prehistoric

St. Anne's Church

The famous church in

Talawila is dedicated to

St. Anne. More than 250

years old, it is one of the

country's most popular

Roman Catholic shrines

St Jude's Church

Talawila. +94 322 261 000

Established in the 1950s,

as a place of worship for

those who had made

the hamlet their home

since the late 19<sup>th</sup> century.

Indigolla. +94 332 222 357.

Sri Muneswaram Temple

As one of the five

'pancheswarams', the

Munneswaram kovil is

from prehistoric times

and is the focus of many

myths associated with the

central characters of the

Ramayana. *Chilaw.* +94 322 224 833.

believed to have existed

five most hallowed

shiva shrines, the

this magnificent statue of Jesus Christ.

#### Beach Chilaw

80km north of Colombo, Chilaw is a relatively undiscovered coastal town with a great beach and many other attractions.

#### Puttalam

This stretch of land boasts of some of the most picturesque locations of the island and is very popular for fishing, dolphin-watching and coconut production.

Lords Restaurant Complex With a chic and modern ambiance, Lords **Restaurant Complex Art** Gallery and Cocktail Bar offers delicious seafood and refreshing beverages 80B Poruthota Road, Ethukala. Neaombo: +94 77 285 3190;

martin@lordsrestaurant.net

Kitesurfing in Kalpitiya The beaches of Kalpitiya have been luring kite surfers from all corners of the world, its beautiful, rolling sandy stretches adding character to the excellent winds yearround.

#### Whale watching in Kalpitiya

Boats can be chartered from Kalpitiya to cruise the Indian Ocean in the hope of spotting whales and dolphins, the most engaging of marine mammals

**Botanical Garde** 

garden, with a diverse

It is 32km inland from

7am–6pm.+94 33 222

selection of exotic plants.

Gampaha. Opening hours:

2316.botanicgardens.gov.lk

Attanagalla Rajamaha

Gardens

Colombo.

#### Recreational Parks and St Mary's Church, Tudella

Opening hours:

5.30am-8pm.

Dedicated to St Mary, the church is built in Henarathgoda Botanical Neoclassical style Ja-ela. +94 11 223 6257 A well-tended 15ha public

munneswaram.com

#### St Mary's Cathedral,

Negombo A large cathedral with neo-classical style and a landmark edifice. Negombo +94 312 222 128.

#### Tewatta Basilica of Our Lady of Lanka

annual feast which falls in

Viharaya One of the most The only Basilica in Sri venerated Buddhist Lanka, Tewatta Basilica temples in western Sri of Our Lady of Lanka is a Lanka. site revered by Catholics Gampaha. +94 332 280 233 all around the island especially during the

Grand Mosque A beautiful and prominent place of worship among Muslims Negombo.

Shopping NOLIMIT 424, Main Street,

February.

Ragama.

Nildli

hours: 9am-5pm Sigiriya Museum The Ancient Technology

**Museum and Library** The museum focuses on the technology that was used in ancient Sri Lanka. Thus, each gallery displays objects features, processes, and constructions belonging to the various historical periods in Sri Lanka by explaining the technology used.

Polonnaruwa. +94 272 057 336. Opening hours: 9am-4.30pm Daily

-94 812 205 344 Craft Emporium (L2-26,27,34); +94 812 081 100 **Retails + Restaurant** Mlesna Tea Centre (L2-18); +94 812 200 255 Bubble Tea (L2-18A); +94 766 354 620 Services Dialog Axiata (L2-39); +94 817 694 020 Vision Care (L2-7); +94 812 221 900 Level 3 Fashion Odel (L3-3); +94 812 205 383 Elegant Smockers (L3-10A); +94 812 220 001 Revlon Lanka (L3-K2) +94 711 375 530 AB 89 (L3-34); +94 812 234 321 The Body Shop; (L3-33B); +94 812 233 008 Waves (L3-33A); +94 77 945 8110 Aditi (L3-32); +94 812 234 707 W (L3-31); +94 812 220 705 US Polo (L3-31B); +94 812 220 706 Chenara Dogde (Online)

almost everything from garments, shoes, bags, phones, electrical items and home appliances to knick-knacks. Anuradhapura.

#### Kandy Lake

The Kandy Lake is perfect for relaxing. A drive around the Lake provides more highlights of Kandy. The historic Malwathu and Asgiri Temples are situated along this route.

#### Kala Wewa

#### One of the largest reservoirs in Sri Lanka, built by King Dathusena during the period of 459-479AD. One can witness the laid back nature of village life around. The Maha Kadawara Devalaya, dedicated to the divine protector of the Kala Wewa—the Kadawara Deity—was located facing the massive tank. The Dutugemunu Aranya Senasanaya is also within the premises.

statue that had been carved out of a single rock stands peacefully amidst the temple precincts in the sacred city of

#### Dambadeniya

Situated about 31 km from Kurunegala, it served as the capital of Sri Lanka in the mid 13<sup>th</sup> century. Much of Dambadeniya still lies buried on a huge fortified rock.

#### Gal Viharaya

For centuries the four Buddha statues of the Gal Viharaya have stood in deep contemplation. Polonnaruwa

#### Kala Wewa

Believed to have been constructed by King Datusena (459-477AD), the tank formed part of an ancient irrigation system that was used for agriculture,

#### Peradeniya Botanical Gardens Covers a spanse of almost 150 acres, is a paradise where each tree is a part of a wild, majestic landscape

+94 812 388 088. Opening hours: 7.30am-6pm Daily.

**Mlesna Tea Fortress** The Fortress abides by its tea theme in displaying chapters from Sri Lanka's colonial tea-growing davs in black and white pictures, wooden tea boxes, an antique tea weighing scale, and brass tea filters. 445, Kandy Road, Kiribathkumbura, Kandy. +94 81 238 4303. mlesnateas.com

#### **Mlesna** Tea Center

The charming old building that nestles the Mlesna Tea Center and restaurant is dubbed calm and quiet. Tea Centre; 15, Dalada

by Meegastenne Maha its presence Adikaram under the Polonnaruwa. direction of the queen of King Kirti Sri Rajasingha

#### Sri Dalada Maligawa Also known as the Temple of the Sacred Tooth Relic, the Temple is a fine display of Sri Lankan artistry, and venerated by Buddhists across the world. Within are awe inspiring carvings and Kandyan era paintings. +94 812 234 226. Kandy

#### St Anthony's Church, Wahakotte

The church was completed in 1938, its Gothic revival style designed by the Italian monk Augustine, to replace a smaller church built in the 1920s. Wahakotte +94 662 289 210.

#### Thanthirimale

The ancient Thanthirimale Temple is spread across closely located rock surfaces surrounded by dense jungle. Anuradhapura

entirety of the seaside strip, water sports at the beach park; fishing, kite surfing, snorkelling, scuba, are a part of the everyday sights, sounds and things to do, when in Negombo. The town is also home to historical sites, and also known as Little Rome for its churches.

#### Places to visi

#### Kalpitiva Fort Built in 1666 was a key point in colonial times being involved in trading cinnamon

#### Lellama

'Lellama', is the famous fish market of Negombo. The hustle begins before the sun rises as the fishermen bring ashore their catch of the freshest fish, crabs, prawns, lobsters and cuttlefish.

#### Negombo Fort

Witness the imprints of the colonial era. To lay

#### Kelaniya Raja Maha Vihara

Neaombo: One of the most revered +94 312 224 141 Buddhist temples of the 456, Main Street, Island; the temple was Negombo; built in the fifth century +94 31 222 4144 BC and nestled on the banks of the Kelaniya River. The temple is the starting point of the annual procession "Duruthu Perahera"

(Kelaniya Procession) which is held in the month of January. +94 11 291 1505. kelaniyatemple.lk

Our Lady of Good Voyage

The Church of Our Lady of Good Voyage in Duwa, stands as a sentinel of protection for fishermen Within its confines lies the statue of Jesus Christ that had been specially commissioned by the people of Duwa in the 19th Century from India This Church is especially famed for the yearly 'Pasku' (in Sinhala) or Passion Play on Good

**Bar Reef Marine** Sanctuary Declared a marine sanctuary in the 1990s, the Bar Reef Marine Sanctuary is one of the greatest coral reefs in terms of biodiversity in the Indian Ocean. It is two kilometers off the coast of Kalpitiya.

#### Horagolla National Park A wildlife sanctuary declared in 1973 due to its rich biodiversity. It is 40km

close to Colombo. Gampaha

#### Muthurajawela

Home to over 194 species, it is a wetland habitat with an extensive flora and fauna.

# **Drama and Theatre**

#### October 4 - 13 (English) **Fiddler on the Roof**

The Workshop Players are thrilled to present 'Fiddler on the Roof' - the beloved musical by Jerry Bock, with lyrics by Sheldon Harnick and book by Joseph Stein, inspired by the stories of Sholem Aleichem.

Venue: Lionel Wendt, Colombo 7. Time: 7.30pm Tickets: Rs.6,500, Rs.5,500, Rs.4,500, Rs.3,500, Rs.1,500.

October 12 and 13: Time: 3pm (Matinee Show) Tickets: Rs.5,000, Rs.4,000, Rs.3,000, Rs.2,000, Rs.1,200

#### October 13 (Sinhala) Lowrancege Manamali

Written and directed by Hemantha Prasad, this comical wedding act with Dulika Marapane in the role of the bride and her co-artists join to deliver this amazing act. This play combines modern ideas and colorful thoughts to cheer up the audience.

Venue: Elphinstone theater, Time: 3.30pm, 6.30pm Tickets: Rs.2,000, Rs.1,500, Rs.1,000.



#### Football



**Premier League** October 1 Bournemouth v Southampton; 00.30

October 5 Crystal Palace v Liverpool; 17.00 Arsenal v Southampton; 19.30

Brentford v Wolves; 19.30 Leicester v Bournemouth; 19.30

#### Man City v Fulham; 19.30 West Ham v Ipswich: 19.30 Everton v Newcaste; 22.00 October 6 Aston Villa v Man Utd; 18.30

Chelsea v Nott'm Forest; 18.30 Brighton v Spurs; 21.00 October 19 Spurs v West Ham; 17.00



October 13 (Sinhala)

Written and directed

by Mihira Sirithilake,

play featuring Rodni

this entertaining

Warnakula, Ferni, Niroshan Wijesinghe,

Ishara Pramuditha

Wickramasinghe and

Navanthara will be a

October 27 (Sinhala)

Written and directed by Mihira Sirithilaka, it is a

comedy with a culinary

Venue: Namel Malini

Time: 3.30pm, 6.45pm.

Fulham v Aston Villa; 19.30

pswich v Everton; 19.30

Tickets: Rs.2,000, Rs.1,500,

Punchi theater.

Ko Kukko

theme.

Rs.1,000.

Tickets: Rs.2,000, Rs.1,500, Rs.1,000.

Venue: Namel Malini Punchi theater. Time: 3.30pm, 6.30pm.

hilarious stage play.

**Garu Tharu** 

Man Utd v Brentfford: 19.30 Newcastle v Brighton; 19.30 Southampton v Leicester; 19.30 Bournemouth v Arsenal; 22.00 October 20 Nott'm forest v Crystal Palace; 00.30 October 26 Leicester v Nottingham Forest;

19.30 Brentford v Ipswich: 19.30 Brighton v Wolves; 19.30 Man City v Southampton; 19.30 Everton v Fulham; 22.00 October 27 Chelsea v Newcastle: 19.30 Crystal Palace v Spurs; 19.30 West Ham v Man Utd; 19.30 Arsenal v Liverpool; 22.00

Aston Villa v Bournemouth;

Visit: premierleague.com/fixtures

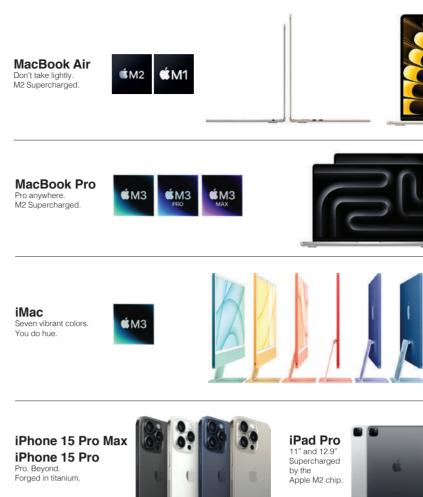
United States Grand Prix October 21 Circuit of the Americas **Mexican Grand Prix** October 28 Circuit Autodromo Hermanos Rodriguez

# **Escape to Tranquility at Arugambay**

00.30



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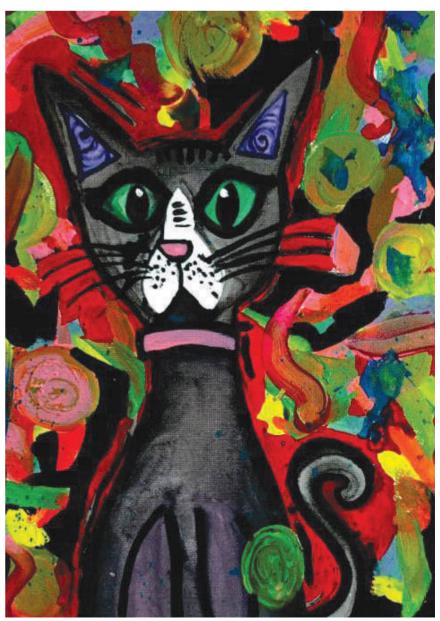
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#### **Discover the Hidden Gem of Sri** Lanka

Looking for a peaceful retreat away from the crowds? While Arugambay is known for its waves, its true charm shines from October to March. This serene coastal paradise offers a quieter. more intimate experience, perfect for those seeking a blend of nature, culture, and adventure.

#### Why Visit Arugambay?

Stunning Sunrises and Sunsets: Start your day with breathtaking sunrises over the Indian Ocean and unwind with the serene beauty of sunsets over the golden beaches.

Wildlife Encounters: Witness the majesty of wild elephants roaming freely and explore Kumana National Park, home to leopards and thousands of migratory birds.

Cultural Exploration: Discover the spiritual and historical treasures of Okanda Temple, a sacred pilgrimage site, and the ancient Kudumbigala Monastery, nestled in the jungle, offering breathtaking views and a glimpse into Sri Lanka's rich history. Lush Greenery: Experience the beauty of endless paddy fields and coconut groves, perfect for peaceful walks or cycling tours through the countryside Wellness and Rejuvenation: Join yoga

and wellness retreats in the serene atmosphere of Arugambay's peaceful beaches and lush greenery.

#### The Perfect Getaway

Escape the ordinary and immerse yourself in the untouched beauty of Arugambay. With low-rise buildings, traditional villages, and a serene landscape, you'll experience authentic Sri Lankan life far from the noise and stress of everyday life.

#### Book Your Escape Today!

Experience Arugambay's off-season magic and create memories that last a lifetime.

The artists of Hardy Center of Arts, under the guidance of Rhuani Rambukwelle, present an exhibition titled "A Million Dreams" at the Lionel Wendt Art Gallery.

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