Cocospa at Mount Lavinia Hotel

■ Cocospa at the Mount Lavinia Hotel is managed by a French and an Indonesian team. The therapists are professionals from Indonesia, experienced in the traditional art of Balinese massage.

The spa location has a natural view of mangroves and palms against the ocean: the glass frames take in a clear vision of the beauty of the sunrise and sunset; the soft lapping of waves create a natural ambience to the spa.

There are two rooms for couples who wish to indulge in a treatment, two single rooms, and one room for manicure/pedicure and hair treatment complete the space with a lounge for relaxation and an open-air jacuzzi above the beach. The massage treatments on offer include, Balinese Traditional massage, Shiatsu massage, Warm Stones massage and much more.